

General In-School Support

House Office: First point of call for concerns

Behaviour Team: Mrs Knott, Ms Saunderson and Ms Nicoll, can offer advice, support and signposting to other agencies.

Child protection and safeguarding: Mrs Mustill (lead), Mrs Riches, Mrs Campbell, Mrs Knott, Mrs Lightfoot, Mrs Lucas, Mr Patman and Dr Norton-Berry

Mental Health First Aiders: Mrs Lightfoot, Mrs Rendell-Read, all Student Support Advisors and Briony & Belinda in Bishop Laney

Wellbeing Support Groups: Mrs Smith

CEIAG, Careers information advice and guidance: Mrs Mustill and Mrs Lambo-Hills can provide CEIAG advice. Staff can be accessed via the Careers Office.

Bridge support: The Bridge is coordinated by Mrs Lightfoot and Mrs Weaving and provides a safe space for students that may be experiencing difficulties.

Foodbank Vouchers: Available from Mrs Lucas in the Attendance Office for those in need of crisis support.



Bespoke Provision

Ely College 'In house' Counselling: Mrs Rendell-Read. Students can access the counselling service via their House Office.

Centre 33: Counsellor Simone is in 3 days each week and referrals are made by Mrs Riches

Olive Therapeutic Counselling Hannah is in school 1 day a week to support some of our students with safe space to talk and coping strategies

Diverse Esther is in 1 day a week to support students with relationships, sexual health and wellbeing, and sexual rights and responsibilities

Bereavement Counsellor: Mrs Dawe can be accessed through Mrs Lightfoot in The Bridge

Young Carers Group: Referrals can be made by Mrs Campbell

School Nurse Service: Individual health advice and support. Referrals for specific cases via referral from Mrs Campbell

The District Team: Access to individual support via a young person's worker, family worker or group work. Referral to the District team is via an Early Help Assessment (EHA), completed by Senior Tutors or the safeguarding team. Opportunity programme offers group work with specific vulnerable young people. Referrals are made via Mrs Riches in liaison with Senior Tutors and other pastoral staff.

External Services

Child & Adolescent Mental Health Service (CAMH): NHS services for children who are struggling with their mental or emotional health. Referrals made via the GP or District Team.

Children's Social Care: Support for children and families. Referred by Designated Safeguarding Leads as required.

CRUSE: Offer guidance and support to children and adults who are struggling to cope with grief, 0808 808 1677

Kite Trust: Offers help and support for LGBT young people, www.thekitetrust.org.uk

KOOTH: Support and guidance for a young person focusing upon emotional and mental health, www.kooth.com

CASUS: Drug and alcohol support available 5 days a week. Referrals via Mrs Riches or directly via www.cpft.nhs.uk/casus

CHUMS: Online support and guidance, group support is also available, 0330 058 1659, www.chums.uk.com

Rape Crisis support: Supports individuals that need advice regarding rape and sexual abuse, cambridgerapecrisis.org.uk

Embrace: For students struggling with violence or domestic abuse, 0345 609 9960



STUDENT
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