

General In-School Support

House Office: First point of call for concerns

Behaviour Team: Mrs Knott and Ms Nicoll, can offer advice, support and signposting to other agencies.

Child protection and safeguarding: Mrs Mustill (lead), Mrs Riches, Mrs Knott, Mrs Lightfoot, Mrs Lucas, Mr Patman, Dr Norton-Berry and Mr Williams

Mental Health First Aiders: Mrs Lightfoot, Mrs Rendell-Read, All Student Support Advisors and Briony & Belinda in Bishop Laney

Wellbeing Support Groups: Mrs Smith

CEIAG, Careers information advice and guidance: Mrs Mustill, Mrs Lambo-Hills and can provide CIAG advice. Staff can be accessed via the Careers Office.

Bridge support: The Bridge is coordinated by Mrs Lightfoot and provides a safe space for students that may be experiencing difficulties.

Foodbank Vouchers: Available from Mrs Lucas in the Attendance Office for those in need of crisis support.

Personal Hygiene kits: Available via Mrs Lightfoot in The Bridge.



Bespoke Provision

Ely College 'In house' counselling: Mrs Rendell-Read. students can access the counselling service via their House or any of the other support services operating in college

Trained by Terence Higgins Trust: Mrs Riches and Mrs Lightfoot can give sexual health advice and direct young people to support via other agencies.

Young Carers Group: Referrals can be made by Mr Williams

Bereavement counsellor: Mrs Dawe can be accessed through Mrs Lightfoot in The Bridge

Centre 33: Counsellor Simone is in 3 days each week and referrals are made by Mrs Riches

School Nurse Service: Individual health advice and support. Referrals for specific cases via referral from Mrs Riches

The District Team: Access to individual support via a young person's worker, family worker or group work. Referral to the District team is via an Early Help Assessment (EHA), completed by Senior Tutors or the safeguarding team. Opportunity programme offers group work with specific vulnerable young people. Referrals are made via Mrs Riches in liaison with Senior Tutors and other pastoral staff.

External Services

Child & Adolescent Mental Health Service (CAMH): NHS services for children who are struggling with their mental or emotional health. Referrals made via the GP or District Team.

Children's Social Care: Support for children and families. Referred by Designated Safeguarding Leads as required.

CRUSE: Offer guidance and support to children and adults who are struggling to cope with grief, 0808 808 1677

Kite Trust: Offers help and support for LGBT young people, www.thekitetrust.org.uk

Centre 33: This can be accessed outside of college (13 years+) and is located at Barton Road Ely (Thurs 2-5pm)

KOOTH: Support and guidance for a young person focusing upon emotional and mental health, www.kooth.com

CASUS: Drug and alcohol support available 5 days a week. Referrals via Mrs Riches or directly via www.cpft.nhs.uk/casus

CHUMS: Online support and guidance, group support is also available, 0330 058 1659, www.chums.uk.com

Rape Crisis support: Supports individuals that need advice regarding rape and sexual abuse, cambridgerapecrisis.org.uk

Embrace: For students struggling with violence or domestic abuse, 0345 609 9960



STUDENT
MENTAL
HEALTH



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