

Ely College Physical Education Department Kit Policy

At Ely College we are extremely fortunate to be in a position whereby participation and engagement levels within PE lessons are particularly high across both KS3 and KS4. This includes the fact that the vast majority of our students consistently bring and wear appropriate PE Kit to lessons.

PE Kit Expectations

Our expectation is that all students will ensure that they are bringing the following approved items to school for all PE lessons:

- Black (With appropriate House Colours) PE tops (GCSE & CNAT tops included)
- Black PE Shorts (not mini shorts)



- White or Black Football Socks / Trainer Socks.
- Non Marking Sole Trainers
- Studded Boots (For certain activities football, rugby, rounders, softball and on occasion athletics in bad weather)

There may be a need for students in the event of cold / wet weather for students to wear the following items:

- Black Tracksuit bottoms
- Black Sports Leggings
- Black base layers top and/or bottoms
- Black / Blue Fleece or crew neck jumper (This should have minimal design features / logos – No Hoodies)
- Black / Blue Rain Jacket

Personal Protective Equipment

To keep students safe, it is now required that all students taking part in Football are required to wear shin pads during the lessons, session 6 and fixtures. For Rugby it is **strongly recommended** that students wear gum shields for lessons, however, it is compulsory when representing the school in competitive fixtures and session 6.

The policy of the PE Department is that pupils bring PE Kit with them and get changed, even if they are injured or unfit! (This will only not imply in the event of exceptional circumstances).

If pupils are changed fully for PE they will have the opportunity to take part in the Physical Education curriculum as: referees, scorekeepers, time keepers, statisticians, recorders, equipment organisers and coaches.

Benefits of this policy:

All pupils will be able to engage positively in experiences that are fun, enjoyable, exciting and challenging in a variety of contexts.

In the essence of Curriculum for Excellence all subjects are expected to contribute to educating children across the curriculum in areas such as literacy, numeracy and health and well-being. Physical Education is an excellent platform for all three areas and by always bringing PE kit all pupils can be actively involved in the lesson.

All pupils will have the opportunity to take part in Physical Education and no one will be isolated from the work of the class.

Health & Safety Considerations

All students should ensure all Jewellery including watches are removed for PE lessons and that those students with long hair must ensure they are able to tie this up. Religious jewellery must be removed or taped to make safe.

False or long nails are not permitted as part of the wider uniform policy and therefore are not allowed in PE

If a student has an inhaler or epipen they must be carried with them at all times during PE and fixtures otherwise they will not be allowed to attend the fixture.

We may also have to take pupils outside even if they are not participating fully, and it is important that pupils bring a change of clothing in case of rain, or other inclement weather conditions!

Sanctions

The following sanctions will apply if pupils do not follow our PE policy

- If students fail to bring (Forgotten or injury/ill) their kit they will be expected to borrow kit from the PE Department and return at the completion of the lesson (They will hand in their shoes or tie and on return of borrowed items they will be handed back). Also they will be awarded a behaviour point, see below.
- If a student refuses to borrow kit 5 behaviour points will be given, they will stay in the PE lesson and given a role e.g. officiate, warm up the group, run a skills session etc... Refusal to do this will result in a removal from the lesson to Behaviour Unit and an additional 2 behaviour points.

Operating a 1-3-5 system for forgotten kit.

- 1st instance of forgotten / no kit will result in a single behaviour point
- 2nd instance will result in 3 behaviour points
- 3rd instance will result in 5 behaviour points

If a student is given a 5 behaviour point sanction, a phone call will be made home, with discussions around how this can be prevented moving forward (i.e a kit left in school etc).