

21st August 2024

Dear Parent/Carer

Meridian Trust have produced a 13-page Health and Safety document which will be available on our website in the new academic year. I feel it is important to draw your attention to a number of changes within the PE department here that will come into force across all schools in the Meridian Trust Group.

These are the ones that will need to be addressed for September 2024:

- Hoodies will not be allowed in lessons or Session 6 (The Association for Physical Education (afPE) advises against wearing hoodies while playing invasion or contact games during physical education (PE) and sport sessions, this also ensures students have adequate peripheral vision.
- **All students** participating on the field for football and rugby will require studded boots – studded boots can also be used for rounders, softball and athletics in the spring and summer terms when the ground is wet to allow for the activities to continue.
- Shin pads to be worn during football lessons, Session 6 and competitive fixtures.
- Religious jewellery must be removed or taped to make safe.
- Gum shields are optional in lessons but compulsory in competitive fixtures and Session 6.
- If a student has an inhaler or EpiPen and they do not have it on them to go to a fixture they are not allowed to attend.

Based on the Health and Safety review and the increased number of classes/students coming down to PE at one time, plus the limited indoor space, football and rugby will be conducted on the field instead of the astro, therefore, **all students** will need studded boots to participate in football and rugby during lesson time. These do not have to be expensive or branded - these can be purchased from outlets such as Sports Direct and Decathlon or even second-hand websites such as Vinted.

Below is the curriculum map for Year 7, 8 and 9 so you can see the timetabled activities.

The PE kit policy is on the school website under 'students', 'uniform & equipment' and the PDF which can be found at the bottom of that web page (I have attached a copy to this letter).

In September I will speak with all students to remind them of our PE policy. Thank you for your support.

Yours faithfully

P. Sansom-Roberts

Mrs P Sansom-Roberts
Curriculum Leader In PE

ELY COLLEGE PHYSICAL EDUCATION DEPARTMENT

KEY STAGE 3 - YEAR 7 CURRICULUM MAP 2024-2025

Week	Autumn 1 4th Sept - 21st Oct 7 1/2 Weeks								Autumn 2 4th Nov - 16th Dec 7 Weeks							Spring 1 6th Jan - 10th Feb 6 Weeks					Spring 2 24 Feb - 31st Mar 6 Weeks						Summer 1 21st Apr - 26th May 6 Weeks						Summer 2 9th June - 14 July 6 Weeks					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	##	17	##	19	20	21	22	23	24	##	26	##	28	29	30	31	32	33	34	35	36	37	38
Group 1	Base line assessment		Aesthetics (SH)		Football (F)					Football (F)		Table Tennis (NG)		Rugby (F)					Handball (A)				Handball (A)		Trampolining (NG)										Striking and Fielding (F & A) / Pickleball (NC)		Striking and Fielding (F & A) / Pickleball (NC)	
Group 2	Base line assessment		Aesthetics (SH)		Netball (NC)					Netball (NC)		Rugby (F)		Football (F)					Trampolining (NG)				Trampolining (NG)		Handball (A)									Striking and Fielding (F & A) / Pickleball (NC)	ACTIVITY WEEK	Striking and Fielding (F & A) / Pickleball (NC)		
Group 3	Base line assessment		Netball (NC)		Aesthetics					Table Tennis (NG)				Handball (A)					Trampolining (NG)				Rugby (F)		Football (F)								Striking and Fielding (F & A) / Pickleball (NC)		Striking and Fielding (F & A) / Pickleball (NC)			

NOTE: STUDED BOOTS WILL BE REQUIRED FOR FOOTBALL AND RUGBY. STUDED BOOTS WILL BE USED FOR ATHLETICS, STRIKING AND FIELDING IF THE GROUND IS WET.

STRIKING AND FIELDING WILL BE EITHER CRICKET, ROUNDERS OR SOFTBALL

FACILITY CODE

NC = NETBALL COURTS A = ASTRO F = FIELD NG = NEEDHAMS GYM SH = SPORTS HALL



ELY COLLEGE PHYSICAL EDUCATION DEPARTMENT

KEY STAGE 3 - YEAR 8 CURRICULUM MAP 2024-2025

	Autumn 1 4th Sept - 21st Oct 7 1/2 Weeks								Autumn 2 4th Nov - 16th Dec 7 Weeks								Spring 1 6th Jan - 10th Feb 6 Weeks						Spring 2 24 Feb - 31st Mar 6 Weeks						Summer 1 21st Apr - 26th May 6 Weeks						Summer 2 9th June - 14 July 6 Weeks					
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	
Group 1 Boys	Football (F)								Table Tennis (NG)				Rugby (F)				Rugby (F)			Handball (A)			Handball (A)			Trampolining (NG)			Athletics (F)						Striking and Fielding (F & A) / Pickleball (NC)		Striking and Fielding (F & A) / Pickleball (NC)			
Group 2 Girls	Netball (NC)								Rugby (F)				Football (F)				Dance (SH)			Trampolining (NG)			Trampolining (NG)			Handball (A)			Athletics (F)						Striking and Fielding (F & A) / Pickleball (NC)		Striking and Fielding (F & A) / Pickleball (NC)			
Group 3 Mixed	Handball (A)				Badminton (SH)				Netball (NC)				Table Tennis (NG)				Trampolining (NG)			Basketball (SH)			Rugby (F)			Football (F)			Athletics (F)						Striking and Fielding (F & A) / Pickleball (NC)		Striking and Fielding (F & A) / Pickleball (NC)			

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KEY STAGE 3 - YEAR 9 CURRICULUM MAP 2024-2025

Week	Autumn 1 4th Sept - 21st Oct 7 1/2 Weeks								Autumn 2 4th Nov - 16th Dec 7 Weeks							Spring 1 6th Jan - 10th Feb 6 Weeks						Spring 2 24 Feb - 31st Mar 6 Weeks						Summer 1 21st Apr - 26th May 6 Weeks						Summer 2 9th June - 14 July 6 Weeks					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
	Group 1 Boys	Football (F)								Handball (A)				Rugby (F)			Rugby (F)						Trampolining (NG)		Basketball (SH)				Athletics (F)						Striking and Fielding (F & A) / Pickleball (NC)			Striking and Fielding (F & A) / Pickleball (NC)	
Group 2 Boys	Football (F)						Handball (A)		Handball (A)				Rugby (F)			Rugby (F)			Basketball (SH)			Fitness (FS)		Trampolining (NG)		Fitness (FS)		Athletics (F)						Striking and Fielding (F & A) / Pickleball (NC)			Striking and Fielding (F & A) / Pickleball (NC)		
Group 3 Girls	Dance (SH)			Netball (NC)					Netball (NC)			Football (F)				Fitness (FS)			Trampolining (NG)			Handball (A)			Rugby (F)			Athletics (F)						Striking and Fielding (F & A) / Pickleball (NC)			Striking and Fielding (F & A) / Pickleball (NC)		
Group 4 Girls	Dance (SH)			Handball (A)					Table Tennis (NG)			Netball (NC)				Trampolining (NG)			Football (F)			Fitness (FS)			Rugby (F)			Athletics (F)						Striking and Fielding (F & A) / Pickleball (NC)			Striking and Fielding (F & A) / Pickleball (NC)		
Group 5 Mixed	Handball (A)			Gymnastics (NG)					Fitness (FS)			Table Tennis (NG)				Basketball / Badminton (SH)		Rugby (F)				Football (F)			Trampolining (NG)			Athletics (F)						Striking and Fielding (F & A) / Pickleball (NC)			Striking and Fielding (F & A) / Pickleball (NC)		

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