

Lunch Menu









WEEK ONE – SPRING SUMMER

(Ve) vegan option

(V) Vegetarian Option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mexican Vegetable Quesadilla with Warm Nachos (V)</p> 	<p>Chilli Con Carne with Yucatean Rice</p> 	<p>Roast Gammon with Gravy & Roasties</p>	<p>Paprika Chicken & Sri Lankan Dhal with Steamed Mixed Rice</p> 	<p>Sustainably Sourced Battered Fish & Chips or Grilled Sausage & Chips</p>
<p>Aubergine Shawarma Flatbread (Ve)</p> 	<p>Chilli Sin Carne with Yucatean Rice (Ve)</p> 	<p>Roast Quorn with Gravy & Roasties</p>	<p>Roasted Coriander Aubergine & Sri Lankan Dahl with Steamed Mixed Rice (Ve)</p> 	<p>Cheese & Tomato Pizza & Chips</p>
<p>Broccoli, Baked Beans, Mixed Salad, Rice</p>	<p>Fajita Roasted Sweetcorn & Peppers, Baked Beans, Mixed Salad</p>	<p>Country Mixed Vegetables, Baked Beans, Mixed Salad</p>	<p>Baked Beans, Garden Salad, Sri Lankan Vegetable Salad, Wedges</p>	<p>Peas, Baked Beans, Mixed Salad</p>
<p>Chocolate Rock Cake</p>	<p>Jam Buns</p>	<p>Iced Ginger cake</p>	<p>Giant Chocolate Cookie</p>	<p>Lemon Curd Buns</p>

Portions(s) of fruit or veg



Source of Wholegrain



Contains planet-based proteins










Lunch Menu

WEEK TWO – SPRING SUMMER



(Ve) vegan option
(V) Vegetarian Option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cheese & Tomato 'Pizza' Macaroni Cheese (V)</p>	<p>Mexican Beef Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa</p> 	<p>Moroccan Chicken Tagine with Fluffy Couscous</p> 	<p>Korean Sweet & Sour Chicken with Steamed Rice</p> 	<p>Sustainably Sourced Battered Fish & Chips or Oven Baked Chicken Nuggets & Chips</p>
<p>Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice (Ve)</p> 	<p>Mexican Quorn Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa (V)</p> 	<p>Moroccan Chickpea & Lemon Tagine with Fluffy Couscous (Ve)</p> 	<p>Korean Sweet & Sour Vegetables with Steamed Rice (Ve)</p> 	<p>Cheese & Tomato Pizza & Chips (V)</p>
<p>Baked Beans, Garden Salad, Garlic Bread, Green Beans</p>	<p>Baked Beans, Fajita Roasted Sweetcorn & Peppers, Garden Salad, Coleslaw</p>	<p>Baked Beans, Broccoli, Garden Salad</p>	<p>Baked Beans, Asian Slaw, Garlic Green Beans, Garden Salad</p>	<p>Peas, Baked Beans, Mixed Salad</p>
<p>Lemon & Blueberry Slice</p>	<p>Rock Cake</p>	<p>Iced Vanilla Sponge with Sprinkles</p>	<p>Cornflake Cake</p>	<p>Giant Chocolate Cookie</p>

Portions(s) of fruit or veg



Source of Wholegrain



Contains planet-based proteins



Lunch Menu



WEEK THREE – SPRING SUMMER

(Ve) vegan option

(V) Vegetarian Option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Spanish Omelette served with Catalan Sauce & Garlic Bread (V)	Chicken & Vegetable Enchilada with Warm Nachos 	Penne Pasta Beef Bolognese Bake 	Japanese Chicken & Edamame Curry with Steamed Mixed Rice 	Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Goujons & Chips
Veggie Bolognese Pasta Bake (V) 	Mexican Vegetable Tostada (Ve) 	Mediterranean Vegetable Lasagne (V) 	Japanese Roasted Aubergine, Edamame & Sweet Potato Curry with Steamed Mixed Rice (Ve) 	Cheese & Tomato Pizza & Chips (V)
Baked Beans, Garden Salad, Garlic Green Beans, Garlic Bread	Baked Beans, Garden Salad, Roasted Sweetcorn, Wedges	Baked Beans, Coleslaw, Garlic Bread, Garden Salad	Baked Beans, Sauté Garlic Green Beans, Asian Slaw	Peas, Baked Beans, Mixed Salad
Flapjack	Krispy Bite	Homemade Lemon Drizzle Cake	Iced Orange & Ginger Traybake	Giant Vanilla Cookie

Portions(s) of fruit or veg



Source of Wholegrain



Contains planet-based proteins

