

# Supporting Your Child

Monday 25<sup>th</sup> March 2024

Rachael Mustill

# Key Dates



Year 11 Photo – Thursday March 14 March



Year 11 Wellbeing Day – Thursday 28 March



Offers for Post-16 Courses – Thursday 28 March



Deadline for Hoodies – Thursday 28 March

# Key Dates – Part 2



First Whole  
Cohort Exam –  
Friday 10 May



Last Whole  
Cohort Exam –  
Fri 14 June



Prom  
– Friday 28 June



Exam  
Contingency  
Date  
– Wednesday 26  
June



On roll until  
Friday 28 June



Results Day –  
Thursday 22nd  
August

# GCSE English Language and English Literature

Heather Clark-Hope

# AQA GCSE English Language

## Paper 1: Explorations in Creative Reading and Writing

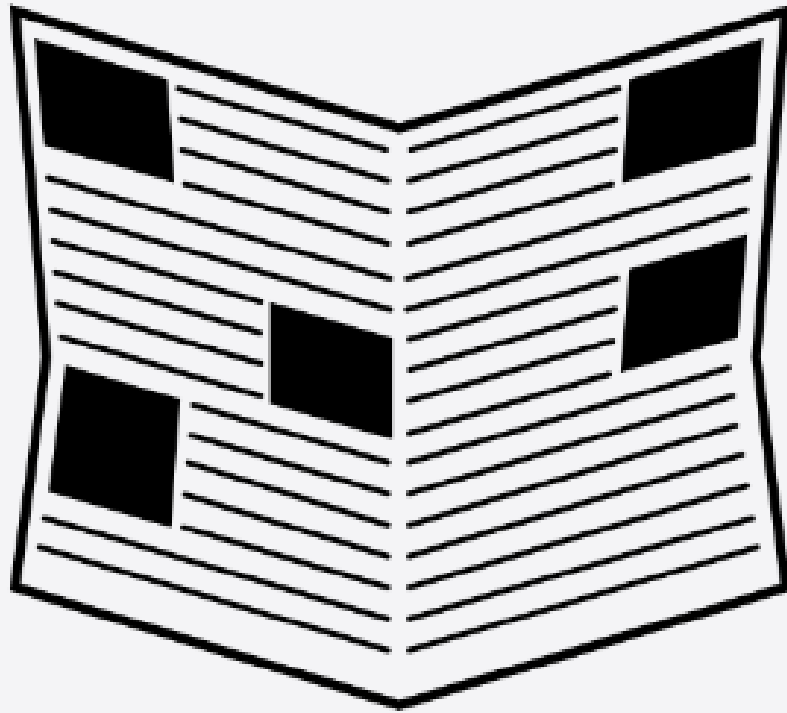
**1 hour and 45 mins**  
**Thursday 23<sup>rd</sup> May**

Students are given an extract from a fiction text from the 20<sup>th</sup> or 21<sup>st</sup> century and must answer 4 questions on it.

They will then have to produce their own descriptive or narrative piece of writing.



# AQA GCSE English Language



## **Paper 2: Writer's Viewpoints and Perspectives**

**Thursday 6<sup>th</sup> June**

Students are given two sources, one from the 19<sup>th</sup> century and one from the 21<sup>st</sup> century.

They must answer 4 questions on the sources and then produce their own piece of writing expressing a viewpoint.

“But you  
can’t revise  
for English!”



# What can my child do to revise for English Language?



**ELY COLLEGE**





Guided Revision W/C 25<sup>th</sup> March  
6 school weeks left

Language	Literature
<p>Language Paper I Section A:</p> <p>Read the extract from To Kill a Mockingbird.</p> <p>Answer the questions below the extract.</p>	<p>An Inspector Calls</p> <p>Choose either:</p> <p>How does Priestley use the character of the Inspector to suggest ways that society could be improved?</p> <p>Or</p> <p>How far does Priestley present Mrs Birling as an unlikeable character?</p>
<p>GCSE Pod Modules: Language Paper I Questions 2&amp;3</p> <p><a href="https://members.gcsepod.com/pupils/assignments/assignment/1169889">https://members.gcsepod.com/pupils/assignments/assignment/1169889</a></p>	<p>An Inspector Calls Revision Pods:</p> <p>Watch the <a href="#">linked pods</a> on An Inspector Calls</p>
<p>Aiming for 8s and 9s?</p> <p><a href="https://www.theguardian.com/books/2012/may/14/how-to-write-flash-fiction">https://www.theguardian.com/books/2012/may/14/how-to-write-flash-fiction</a></p>	<p>Aiming for 8s and 9s?</p> <p>Read this blog on the <a href="#">significance of Alderman Meggarty</a> in An Inspector Calls!</p>

# Session 6

- Guided Revision Support
- Monday 3.15 – 4.15
- B12 and B13



# For revision success



- Make sure you complete **all your guided revision** tasks each week.
- Ensure familiarity with what is covered in each exam and the **timings for each question**
- **Practice your skills** by completing old **exam papers** in timed conditions.

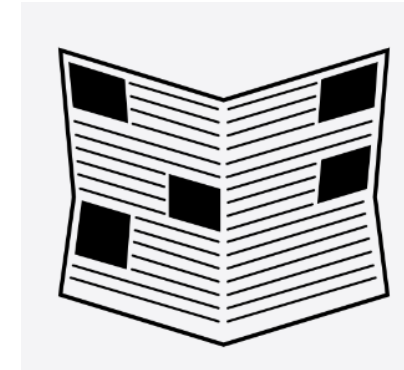
# What else can my child do to revise?



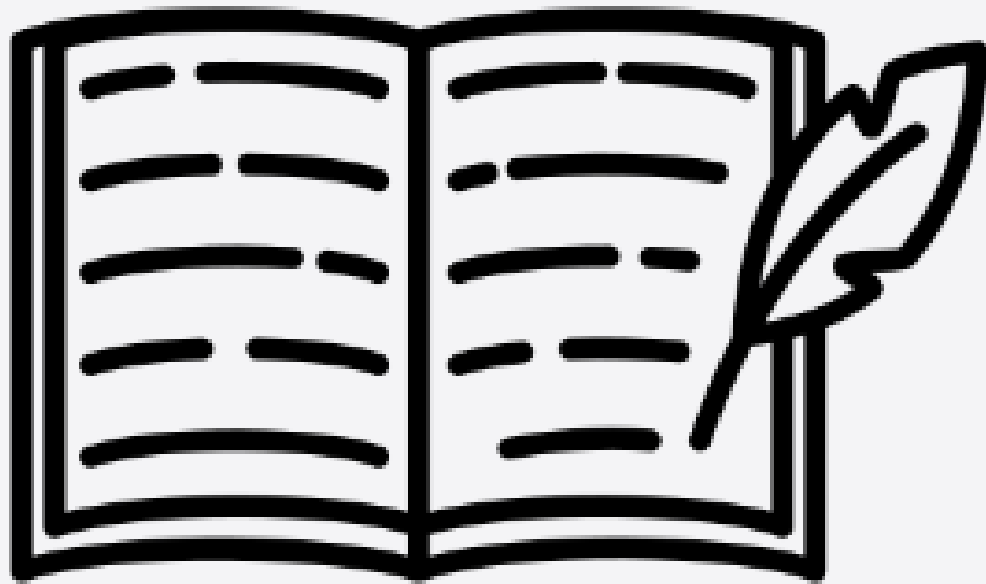
- ☐ **Use GCSE Pod videos.**
- ☐ **Complete Tassomai** English language content.
- ☐ **For Paper One**, practise writing creatively. Find some interesting pictures and use these as a starting point for a description.
- ☐ **Read, read, read!** Read short stories, novels, graphic novels!
- ☐ **For Paper Two, read** as many **non-fiction** sources as possible. Broadsheet newspaper articles, especially opinion pieces, are excellent for this. Plenty are available on The Guardian or The Telegraph websites.
- ☐ Practise **writing non-fiction**. For example, write a newspaper article about a topic you are interested in; write a formal letter about an issue you are passionate about.

# What can I do to support my child?

- ☐ Ensure that there is a quiet place for studying.
- ☐ Help with timings during practice papers.
- ☐ Find interesting articles from the newspaper and discuss these with your child.
- ☐ Read your child's writing and give feedback.



# AQA English Literature



**Paper 1: Shakespeare and  
19<sup>th</sup> Century Text**

**1hr 40 mins (50 mins per  
question)**

**Monday 13<sup>th</sup> May am**

**Paper 2:**

**Modern Texts**

**1hr 40 mins (50 mins per  
question)**

**Monday 20<sup>th</sup> May**

Guided Revision W/C 25<sup>th</sup> March  
6 school weeks left

Language	Literature
<p>Language Paper I Section A:</p> <p>Read the extract from To Kill a Mockingbird.</p> <p>Answer the questions below the extract.</p>	<p>An Inspector Calls</p> <p>Choose either:</p> <p>How does Priestley use the character of the Inspector to suggest ways that society could be improved?</p> <p>Or</p> <p>How far does Priestley present Mrs Birling as an unlikeable character?</p>
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# For revision success

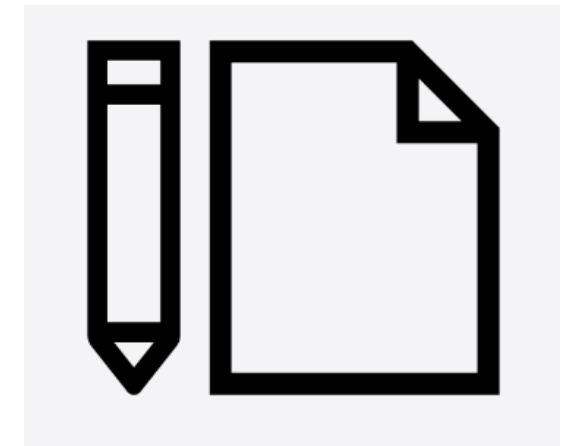
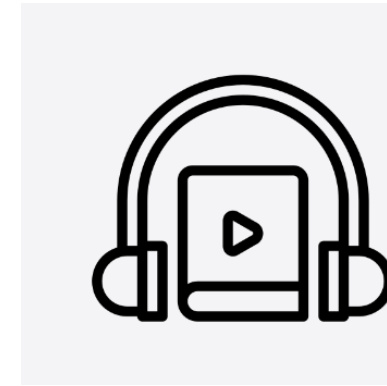


- Make sure you complete all your **guided revision** tasks each week.
- Ensure familiarity with what is covered in each exam and the **timings for each question**
- Practice your skills by completing old exam papers in timed conditions.
- **All students copies of the texts** for GCSE literature.
- Students need to reread these texts and ideally will have read these **four times** before the exam.



# What else can my child do to revise?

- ☐ Listen to **audio book versions** of the texts (Audible has a 30-day free trial with the texts available).
- ☐ Use the **Tassomai** learning courses (available for all the texts) to help revise key themes and quotations.
- ☐ Use **GCSE Pod** to revise key themes and characters.
- ☐ Create documents for each of the texts and poems on key themes, **characters and quotations**.



# What can I do to support my child?



- ☐ Ensure that they have a place in which to study.
- ☐ Help with timings during practice papers.
- ☐ **Watch different versions** of the plays, 'Romeo and Juliet' and 'An Inspector Calls' with your child and discuss them. (Digital Theatre Plus)
- ☐ **Download audio versions** of the books from a site such as Audible.

# GCSE Mathematics

Robyn Afford

# FAQ

- Can I show my child another method?
  - Yes. Any mathematically valid method gets marks in the GCSE
- Maths has changed since I did it, how can I help them?
  - There are lots of videos online that will show methods of how to do questions. Help them by using flashcards to quiz them on their knowledge. Ask them maths questions when out e.g. how much do you think the shopping will come to?
- What is a pass?
  - Grade 4 in maths means that they would not have to resit. A grade 5 is considered a “good pass”.
- What is the difference between Higher and Foundation?
  - You can achieve a 4 or 5 on both. The content of the papers varies and the exam boards have tried to make Foundation more accessible.

# Myths

- It is easier to get a grade 5 on Higher compared to Foundation.
  - The exam boards work hard to ensure that a grade 5 student would look the same on either paper.
- You need to pace yourself in the exam.
  - You should have enough time to answer everything in the exam. If you don't know something, leave it and come back to it.
- I can just write an answer and get full marks
  - Sometimes, but the marks are mostly given for the method, so no working, no marks.

# What should I revise?

- The weighting for Higher and Foundation are slightly different, so if you are looking to go over a topic, your best bet is to look at something that is “more likely” to appear.

Topic Area	Foundation Tier (%)	Higher Tier (%)
Number	25	15
Algebra	20	30
Ratio	25	20
Geometry	15	20
Probability and statistics (combined)	15	15

# What does revision look like?

- Doing maths question

<https://www.onmaths.com/>

<https://corbettmaths.com/5-a-day/gcse/>

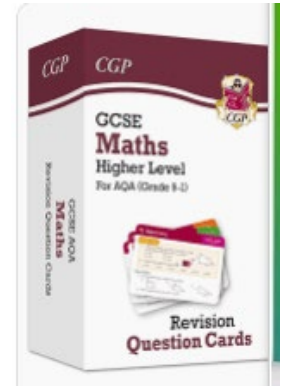
Past paper club on a Thursday

Using part papers from lessons to go over questions again

- Learning how to use the formula sheet and learning any other key formulae

e.g.  $A = \pi r^2$

- <https://filestore.aqa.org.uk/resources/mathematics/AQA-8300H-FS-INS-2024.PDF> Higher tier formula sheet
- <https://filestore.aqa.org.uk/resources/mathematics/AQA-8300F-FS-INS-2024.PDF> Foundation tier formula sheet
- key terminology using flashcards e.g. product, reciprocal, factorise
- Learn command words e.g. "Show that" "explain" "simplify"



# How to prepare

- There are 3 papers, 2 are calculator. So, get to know your calculator, how it works, where the buttons are and any tricks.
- Ensure that they have practice using equipment such as protractors, compasses and rulers.
- Do maths little and often to make sure that you remember it.
- Quizzes
- Questions on different topics
- Questions on the same topic
- Equipment practice
- Times tables



# GCSE Science

Charlotte Hindley

# Science Exams

Exam Board – AQA

All will take 6 exams

2 x Biology      **10<sup>th</sup> May** and **7<sup>th</sup> June**

2 x Chemistry      **17<sup>th</sup> May** and **11<sup>th</sup> June**

2 x Physics      **22<sup>nd</sup> May** and **14<sup>th</sup> June**

Everybody is taking separate sciences

Each paper is 1hour 45 minutes

# Exam Content

There are specific topics for each paper, **we have posted a summary of these on Teams.**

## Paper 1

- B1 Cell Biology
- B2 Organisation
- B3 Infection Response
- B4 Bioenergetics

## Paper 2

- B5 Homeostasis and Response
- B6 Inheritance, variation and evolution
- B7 Ecology

## Paper 1

- C1 Atomic structure & periodic table
- C2 Bonding, Structure and Properties
- C3 Quantitative Chemistry
- C4 Chemical Changes
- C5 Energy Changes

## Paper 2

- C6 Rate and Extent of Chemical Change
- C7 Organic Chemistry
- C8 Chemical Analysis
- C9 Chemistry of the Atmosphere
- C10 Properties of Materials

## Paper 1

- P1 Energy
- P2 Electricity
- P3 Particle model of matter
- P4 Atomic structure

## Paper 2

- P5 Forces
- P6 Waves
- P7 Magnetism and Electromagnetism
- P8 Space Physics

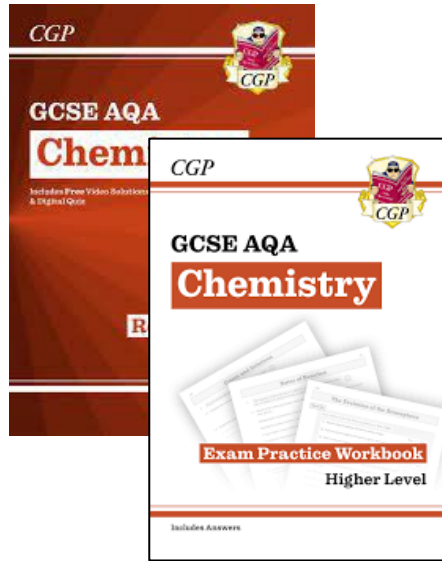
# What should revision look like?

1. Recap and check **understanding** (cognito, revision guides, GCSE pod, BBC bitesize)
2. **Learn** the facts (Tassomai, flashcards)
3. **Application** and exam question practice (PMT, Teams, workbooks)
4. Check **mark** schemes (PMT, Teams)

# Useful Tools



Videos  
Quizzes  
Flashcards



Clear facts  
Explanations  
Practice QS



Videos  
Quizzes



Videos  
Retrieval practice



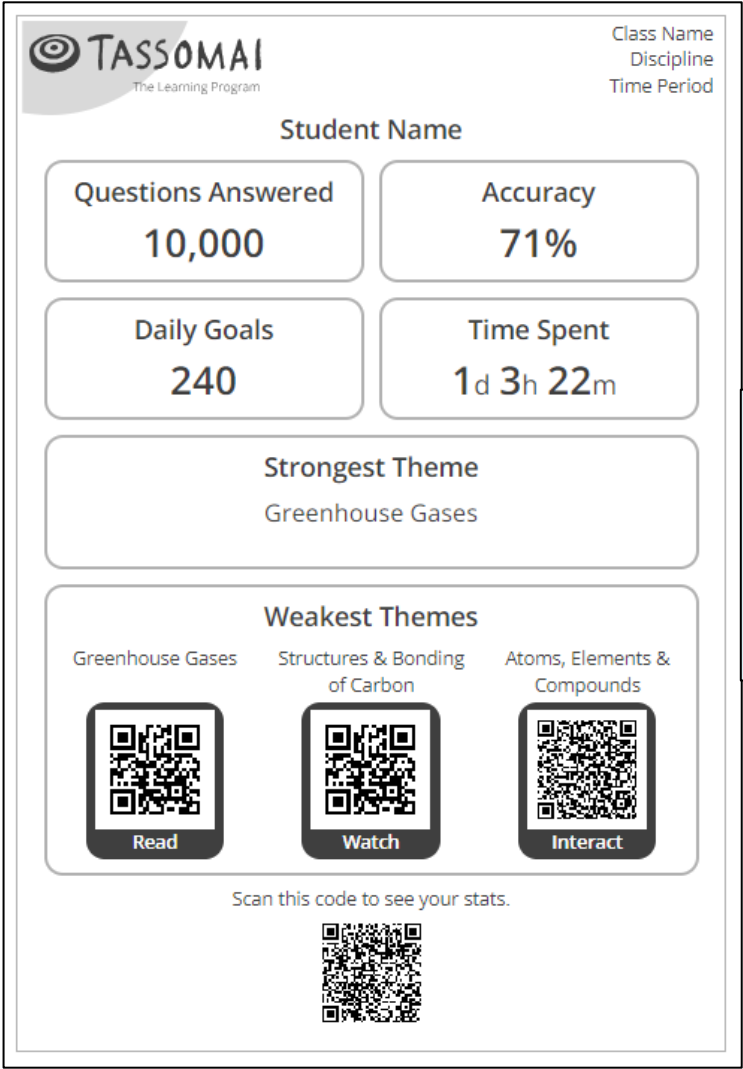
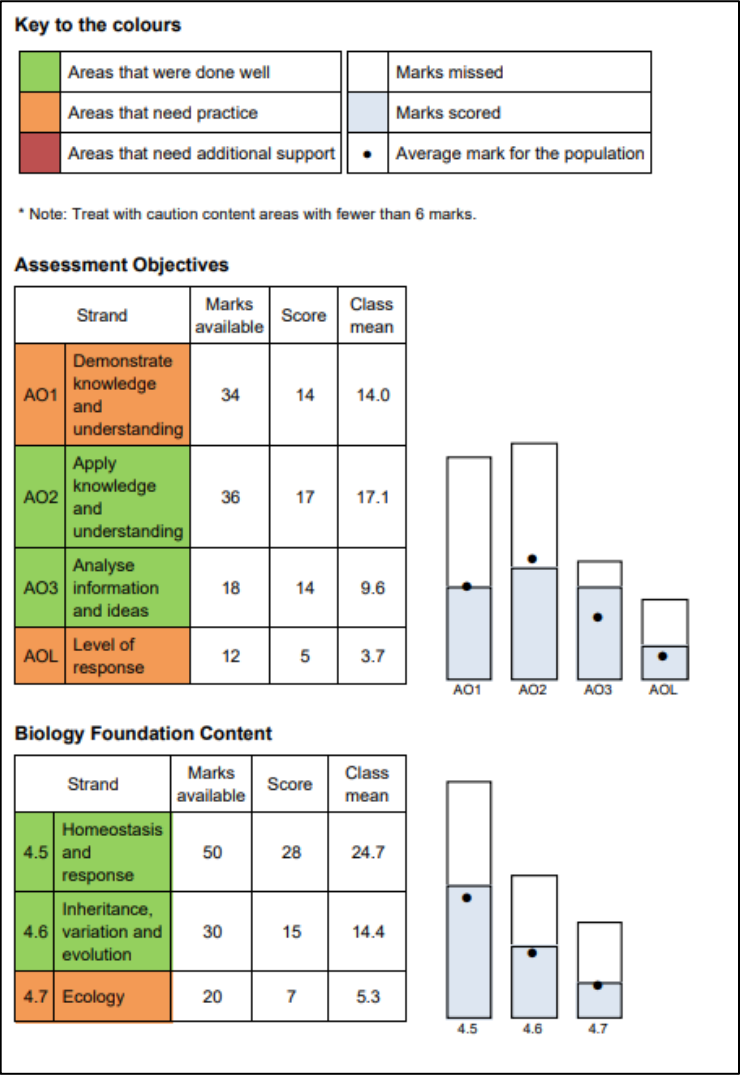
Knowledge  
summaries  
Past papers  
Mark schemes



Clear facts  
Explanations  
Videos

# Areas to focus on

Merit  
Report



½ termly  
Tassomai  
report

# We are here to help

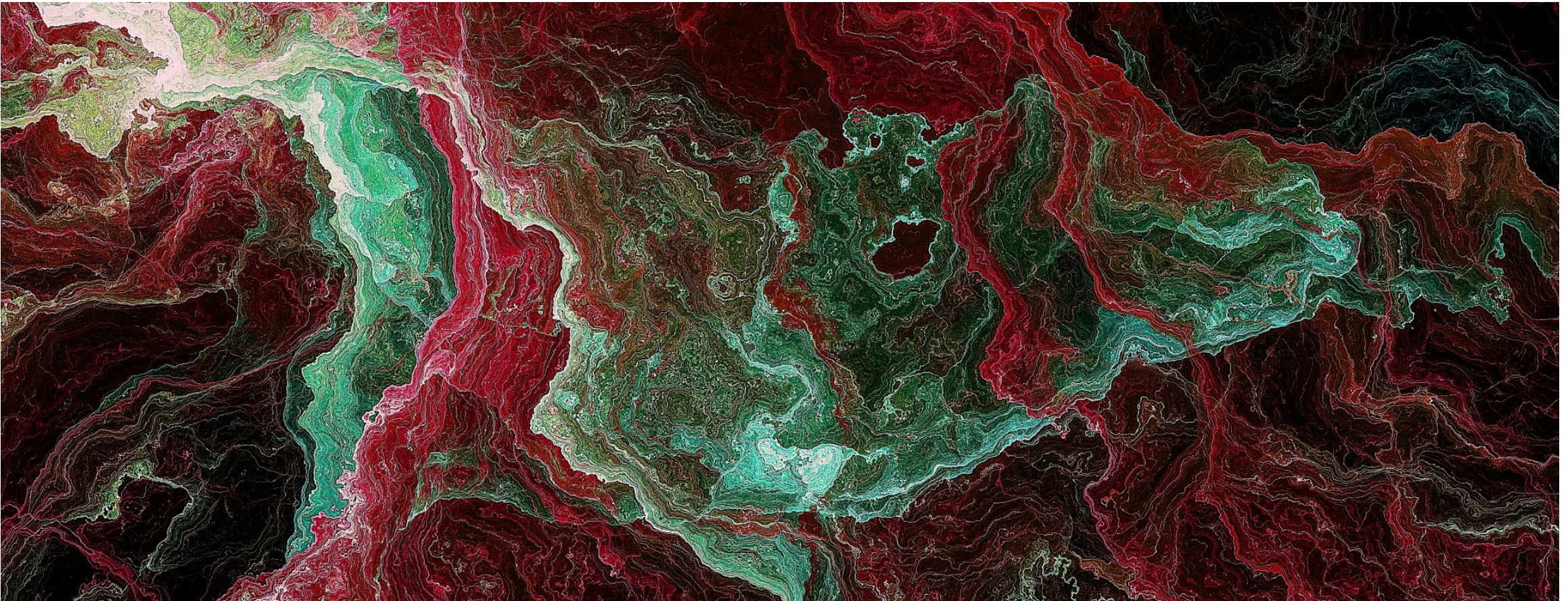
Talk to/email your science teacher for any help or advice. We are happy to support.

CHindley@elycollege.co.uk



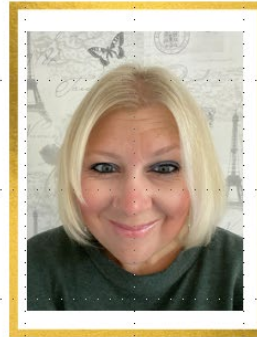


# Wellbeing is important too!

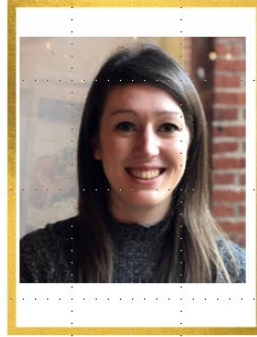




# Ely Mental Health Support Team (MHST)



Nina Bradley  
Senior Clinician



Rebecca Moore  
Senior Wellbeing  
Practitioner



Lucy Burston  
Trainee Education  
Mental Health  
Practitioner



Ben Hart  
Trainee Education  
Mental Health  
Practitioner

Hello! We are part of the Ely Mental Health Support Team. The team is made up of different clinical staff who are trained in mental health. In addition, Ishmael Jalal, Education Mental Health Practitioner

We provide guided self-help and Cognitive Behaviour Therapy (CBT)-based mental health support for children and young people at Ely College and Bishop Laney Sixth Form with anxiety/worries or low mood.

Self-care is about the things we can do to look after our own mental health



Self-talk



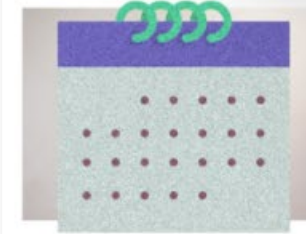
Text message support



Youth Groups



Tai Chi & Qigong



Organise your day



Books & Reading



Baking & cooking



Listening to podcasts



Faith and religion



Drawing or painting



Sport



Problem solving



Meditation



Online chat or peer group support



Listening to music

# Organise your day

## Organise your day

Organising your day can give you a sense of satisfaction, as well as keeping you feeling grounded and structured. Sometimes even getting out of bed seems impossible, let alone making it through a busy day. Breaking things down into smaller steps can help things seem less intimidating, and possibly build a routine that can help you manage symptoms, such as from depression or anxiety. Some people like to use [lists](#) or [bullet journals](#) as a way of focussing on or visualising the things you need to do, either every day or as a one off. It can feel really rewarding to keep track of what you have achieved in this way.

### Things to do:

- ☒ Have breakfast
- ☐ Brush teeth
- ☐ Take a shower
- ☐ Wash clothes
- ☐ Eat some fruit
- ☒ Read 10 pages of homework



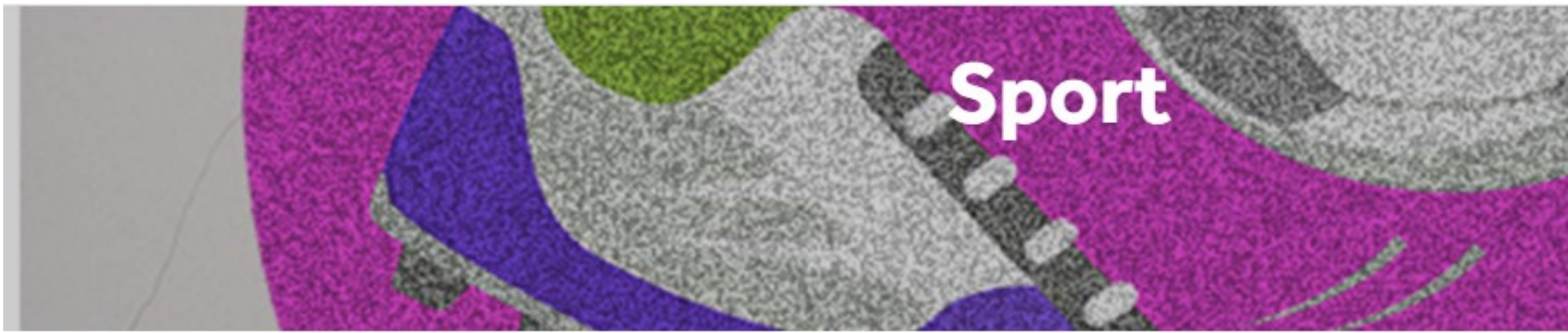
# Books & Reading

## Books & Reading

Reading (or bibliotherapy) has been a source of comfort for lots of people for a long time. Here's how some people use it to help when they are struggling with their emotions:

- Go back to a book you've read before that was particularly good or felt really comforting
- Read a Fantasy or Science Fiction book to completely escape from your mind for a bit
- Find a self-help or psychology book on a topic you're particularly struggling with at the moment

*There's times in my life when the library has felt like a really safe place for me. Somewhere I can go to just to explore and look at what books I find without having to pay or anyone judging me. It's just somewhere quiet I can go to where no one cares about what I look like or what's going on at home. Everyone is there for their own reasons...*



## Sport

If you are able to, finding a sport that's right for you can be a great way to get fresh air, keep fit or meet new people.

Playing sport can also help you sleep better, take your mind off any stress or anxiety, and release endorphins to improve your mood. You might find the idea a bit scary, and that's perfectly okay – it's normal not to be very 'good' at first! The important thing is not to put too much pressure on yourself.

Some people prefer playing with others, like on a football or basketball team, whilst others might find that playing an individual sport helps them the most, like tennis or swimming. Remember that, no matter what level of ability you're at, you always deserve to participate in something you enjoy; good sports teams or facilities make things fully accessible for everyone.

*'I was really nervous to start playing softball, but everyone made me feel comfortable to join in. Sometimes you play well, sometimes you play badly – that's just life! It's the sense of achievement I get from it and the improved confidence that really matters.'*