







Meridian Trust

An exceptional college for an exceptional community

Activity focus: Participation and Leadership	Minimum 6 sessions
Contribute to the wellbein development of other	B P
You could:	
<ul> <li>Lead an activity such as coaching or skill building in sport</li> </ul>	t, art or music
<ul> <li>Mentor, train or lead an activity in an organisation such a</li> </ul>	as scouts, guides or air cadets.
<ul> <li>Assist in community support group. Recognised groups c https://www.eastcambs.gov.uk/community/community-s</li> </ul>	
Details of your proposed activity. Clearly state what you are leaded at the state what you are lead	ading/ delivering:
Organisation/ event details or address.	
Start date & time schedule.	
Overseer name, position, signature and comment if appropria	te

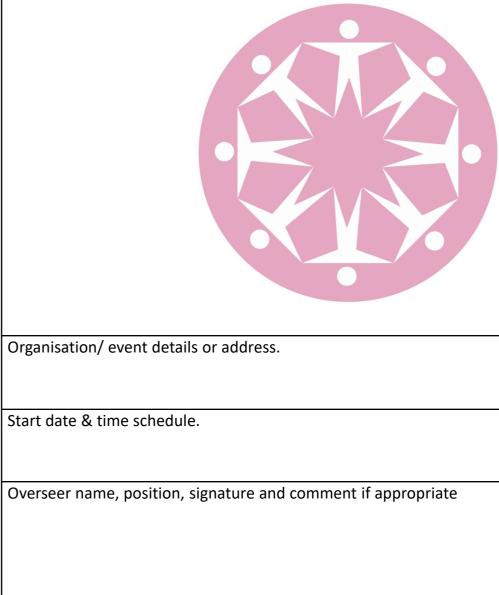
# Activity focus: Excellence and Diversity

# Engage in a sustained activity that expands your understanding of people groups outside of your typical experience.

You could:

- Organise a cultural exchange with an overseas contemporary.
- Visit 3 or more places of cultural or religious significance or attend services from different faith groups. In both cases compile a video diary or presentation for school.
- Set up and run a group that promotes inclusivity for 6 weeks or more.
- Work with local organisations such as foodbank or the Lighthouse Community Centre to help others in our community.

Details of your proposed activity:



### Minimum 5 hours

