

## **ECA PSHE Scheme of Learning overview 2023/24**



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Being Ready for Secondary School	Diversity	Self-esteem	Puberty	Friendships	Enterprise project: The Tyre Challenge
	Goal setting and getting it right	Bullying	Relationships	Smoking	Sleep	
	Healthy Lifestyle	Cyberbullying	Family Life	Alcohol	Ethical Spending	
Year 8	First aid	What choices are there post-16?	Racism	Stress	Bank Accounts	Contraception
	Managing change	Unifrog for careers and futures	Guided Choices – choosing options	Drugs	Work shadowing	Self-examination
	Body image	Teamwork	Social media	Alcohol	Relationships	Sexual orientation and gender identity
Year 9	British Values	Selfies	Alcohol	Relationships	Depression	Staying safe: CSE
	Human Rights	Anxiety	Drugs	Consent	Running Away	Knife crime
	Post-16 choices	Unifrog for futures and careers	Eating disorders	Sexual health	LGBTQAI+	County Lines
Year 10	Post 16/18 Intentions	Gambling / Debt/ Grief	Drugs	Sexting & Porn	Work Exp - workplaces	Digital Literacy
	Unifrog for careers & futures	Debt	Alcohol	Relationship abuse	Work Exp - skills	Extremism
	Future study intentions	Grief	Contraception and consent	Preparing for Work Experience	Revision skills	Work Experience reflections
Year11	Applications: profiles	Revision	'Odd one out': bullying	Healthy Choices	Private Revision	N/A
	Applications	Personal statements	Extremism	Self-examination		
	Revision	Submitting applications	Domestic abuse	Planning revision		