

#HelloYellow

YOUNGMINDS

29th September 2023

Dear Parents and Carers,

Ely College is taking part in #HelloYellow on 10th October 2023 this World Mental Health Day.

The number of young people in need of mental health support is growing faster than ever – with a record breaking 420,000 young people being treated for mental health problems every month. Most young people aren't getting the help they need, and this can't go on.

That's why this year #HelloYellow is more important than ever. We need to make sure young people know that how they feel matters and they deserve to feel supported.

We'll be joining thousands of other schools by wearing yellow in support of young people, as well as raising money for YoungMinds. To take part, students can wear yellow to school on 10th October, and we ask parents and carers to consider making a donation of £1.00 or more to YoungMinds via WisePay.

We're confident that taking part in #HelloYellow will show our young people that they're not alone with their mental health. **Together, we can create a brighter future for children and young people.**

We must stress that non-uniform attire should be suitable for a usual school day. It is not appropriate to come to school in: ripped jeans, crop tops, clothing with big logos, offensive slogans, onesies and makeup restrictions apply as per usual.

Kind regards,

Rachael Mustill
Assistant Principal

Go the extra mile and encourage your workplace to take part in #HelloYellow 2023 on 10 October. You can email helloyellow@fundraising.org.uk for more details.

**THIS
MATTERS**

**JOIN
THE FUN**

**MY FEELINGS
MATTER**

youngminds.org.uk