

# General In-School Support

**House Office:** First point of call for concerns

**Behaviour Team:** Mrs Knott and Ms Nicoll, can offer advice, support and signposting to other agencies.

**Child protection and safeguarding:** Mrs Riches (lead), Mrs Mustill, Mrs Knott, Mrs Lightfoot, Mrs Lucas, Mr Patman, Dr Norton-Berry and Mr Williams

**Mental Health First Aiders:** Mrs Lightfoot, Mrs Rendell-Read, Ms Walker, Mrs Price, Miss Sheridan, Briony & Belinda

**Wellbeing Support Groups:** Mrs Smith

**CEIAG, Careers information advice and guidance:** Mrs Mustill, Mrs Lambo-Hills and can provide CIAG advice. Staff can be accessed via the Careers Office.

**Hub support:** The Hub is coordinated by Mrs Lightfoot and provides a safe space for students that may be experiencing difficulties. Available via all support services at Ely College.

**Foodbank Vouchers:** Available from Mrs Lucas in the Attendance Office for those in need of crisis support.

**Personal Hygiene kits:** Available via Mrs Lightfoot in the Hub.



## Bespoke Provision

**Ely College 'In house' counselling:** Mrs Rendell-Read. students can access the counselling service via their House or any of the other support services operating in college

**Trained by Terence Higgins Trust:** Mrs Riches and Mrs Lightfoot can give sexual health advice and direct young people to support via other agencies.

**Young Carers Group:** Referrals can be made by Mrs Riches or Mrs Lucas

**Bereavement counsellor:** Mrs Dawe can be accessed through Mrs Lightfoot in the Hub

**Centre 33:** Counsellor Simone is in 3 days each week and referrals are made by Mrs Riches

**Chaplaincy:** The 'in house' provision is available at various lunchtimes BG8

**School Nurse Service:** Individual health advice and support. Referrals for specific cases via referral from Mrs Riches

**The District Team:** Access to individual support via a young person's worker, family worker or group work. Referral to the District team is via an Early Help Assessment (EHA), completed by Senior Tutors or the safeguarding team. Opportunity programme offers group work with specific vulnerable young people. Referrals are made via Mrs Riches in liaison with Senior Tutors and other pastoral staff.

## External Services

**Child & Adolescent Mental Health Service (CAMH):** NHS services for children who are struggling with their mental or emotional health. Referrals made via the GP or District Team.

**Children's Social Care:** Support for children and families. Referred by Designated Safeguarding Leads as required.

**CRUSE:** Offer guidance and support to children and adults who are struggling to cope with grief, 0808 808 1677

**Kite Trust:** Offers help and support for LGBT young people, [www.thekitetrust.org.uk](http://www.thekitetrust.org.uk)

**Centre 33:** This can be accessed outside of college (13 years+) and is located at Barton Road Ely (Thurs 2-5pm)

**KOOTH:** Support and guidance for a young person focusing upon emotional and mental health, [www.kooth.com](http://www.kooth.com)

**CASUS:** Drug and alcohol support available 5 days a week. Referrals via Mrs Riches or directly via [www.cpft.nhs.uk/casus](http://www.cpft.nhs.uk/casus)

**CHUMS:** Online support and guidance, group support is also available, 0330 058 1659, [www.chums.uk.com](http://www.chums.uk.com)

**Rape Crisis support:** Supports individuals that need advice regarding rape and sexual abuse, [cambridgerapecrisis.org.uk](http://cambridgerapecrisis.org.uk)

**Embrace:** For students struggling with violence or domestic abuse, 0345 609 9960



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