

# Supporting Your Child

Monday 27<sup>th</sup> March 2023

Rachael Mustill

# Key Dates



Year 11 Photo – Monday 13 March



Year 11 Wellbeing Day – Friday 31 March



Offers for Post-16 Courses – Friday 31 March



Deadline for Hoodies – Monday 27 March

# Key Dates – Part 2



First Whole  
Cohort Exam –  
Tuesday 16 May



Last Whole  
Cohort Exam –  
Fri 16 June



Prom  
– Friday 23 June



Exam  
Contingency  
Date  
– Wednesday 28  
June



On roll until  
Friday 30 June



Results Day –  
Thursday 24<sup>th</sup>  
August

# GCSE English Language and English Literature

Heather Clark-Hope

# AQA GCSE English Language

## **Paper 1: Explorations in Creative Reading and Writing** **1 hour and 45 mins** **Monday 5<sup>th</sup> June**

Students are given an extract from a fiction text from the 20<sup>th</sup> or 21<sup>st</sup> century and must answer 4 questions on it.

They will then have to produce their own descriptive or narrative piece of writing.

# AQA GCSE English Language

## **Paper 2: Writer's Viewpoints and Perspectives**

**1 hour 45 minutes**

**Monday 12<sup>th</sup> June**

Students are given two sources, one from the 19<sup>th</sup> century and one from the 21<sup>st</sup> century.

They must answer 4 questions on the sources and then produce their own piece of writing expressing a viewpoint.

“But you  
can’t revise  
for English!”



What can my  
child do to  
revise?

*practise  
makes  
perfect*



# What can my child do to revise?

- ☐ Ensure familiarity with what is covered in each exam and the **timings for each question**.
- ☐ **Watch Youtube lessons.** Mr Bruff's has good quality lessons with advice online.
- ☐ **Complete Tassomai** English language content.
- ☐ Practice by completing old **exam papers** in timed conditions. These are available on the **AQA website**.
- ☐ **For Paper One**, practise writing creatively. Find some interesting pictures and use these as a starting point for a description.
- ☐ **Read, read, read!** Read short stories, novels, graphic novels!
- ☐ **For Paper Two, read** as many **non-fiction** sources as possible. Broadsheet newspaper articles, especially opinion pieces, are excellent for this. Plenty are available on The Guardian or The Telegraph websites.
- ☐ Practise **writing non-fiction**. For example, write a newspaper article about a topic you are interested in; write a formal letter about an issue you are passionate about.

# What can I do to support my child?

- ☐ Ensure that there is a quiet place for studying.
- ☐ Help with timings during practice papers.
- ☐ Find interesting articles from the newspaper and discuss these with your child.
- ☐ Read your child's writing and give feedback.

# AQA English Literature

## **Paper 1: Shakespeare and the 19<sup>th</sup> Century Novel**

### **Shakespeare and A Christmas Carol**

1hr 45 mins

Wednesday 17<sup>th</sup> May

## **Paper 2: Modern Text and Poetry**

### **An Inspector Calls, Poetry Anthology, Unseen Poetry**

2hrs 15 mins

Wednesday 24<sup>th</sup> May

# What can my child do to revise?

- ☐ **All students have copies of the texts** for GCSE literature.
- ☐ Students need to reread these texts and ideally will have read these **four times** before the exam.
- ☐ Listen to **audio book versions** of the texts (Audible has a 30-day free trial with the texts available).
- ☐ Use the **Tassomai** learning courses (available for all the texts) to help revise key themes and quotations.
- ☐ Create documents for each of the texts and poems on key themes, **characters and quotations**.
- ☐ Use Mr Bruff's **youtube video lessons** to recover aspects of the texts.
- ☐ Use **old exam papers** to help revise. **Complete in timed conditions.**

# What can I do to support my child?

- ☐ Ensure that he/she has a place in which to study.
- ☐ Help with timings during practice papers.
- ☐ **Digital Theatre Plus:** watch different versions of the plays, 'Romeo and Juliet' and 'An Inspector Calls' with your child and discuss them.
- ☐ Download audio versions of the books from a site such as Audible.

# Questions?

11E1	Ms Anderson	<a href="mailto:landerson@elycollege.co.uk">landerson@elycollege.co.uk</a>	11W1	Ms Kingsley	<a href="mailto:Okingsley@elycollege.co.uk">Okingsley@elycollege.co.uk</a>
11E2	Ms Clark-Hope	<a href="mailto:Hclark-hope@elycollege.co.uk">Hclark-hope@elycollege.co.uk</a>	11W2	Mr Bick	<a href="mailto:abick@elycollege.co.uk">abick@elycollege.co.uk</a>
11E3	Mr Burke	<a href="mailto:kburke@elycollege.co.uk">kburke@elycollege.co.uk</a>	11W3	Mr Humphreys	<a href="mailto:ghumphreys@elycollege.co.uk">ghumphreys@elycollege.co.uk</a>
11E4	Mrs Novick	<a href="mailto:Cnovick@elycollege.co.uk">Cnovick@elycollege.co.uk</a>	11W4	Ms Page	<a href="mailto:kpage@elycollege.co.uk">kpage@elycollege.co.uk</a>

# GCSE Mathematics

Robyn Afford

# FAQ

- Can I show my child another method?
  - Yes. Any mathematically valid method gets marks in the GCSE
- Maths has changed since I did it, how can I help them?
  - There are lots of videos online that will show methods of how to do questions. Help them by using flashcards to quiz them on their knowledge. Ask them maths questions when out e.g. how much do you think the shopping will come to?
- What is a pass?
  - Grade 4 in maths means that they would not have to resit. A grade 5 is considered a “good pass”.
- What is the difference between Higher and Foundation?
  - You can achieve a 4 or 5 on both. The content of the papers varies and the exam boards have tried to make Foundation more accessible.



# Myths

- It is easier to get a grade 5 on Higher compared to Foundation.
- The exam boards work hard to ensure that a grade 5 student would look the same on either paper.
- You need to pace yourself in the exam.
- You should have enough time to answer everything in the exam. If you don't know something, leave it and come back to it.
- I can just write an answer and get full marks
- Sometimes, but the marks are mostly given for the method, so no working, no marks.

# What should I revise?

- The weighting for Higher and Foundation are slightly different, so if you are looking to go over a topic, your best bet is to look at something that is “more likely” to appear.

Topic Area	Foundation Tier (%)	Higher Tier (%)
Number	25	15
Algebra	20	30
Ratio	25	20
Geometry	15	20
Probability and statistics (combined)	15	15

# What does revision look like?

- Doing maths question

<https://www.onmaths.com/>

<https://corbettmaths.com/5-a-day/gcse/>

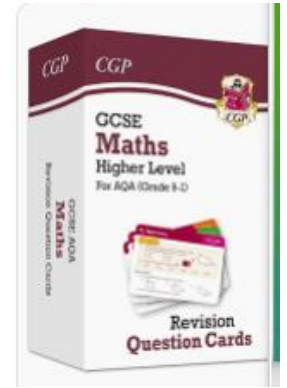
Past paper club on a Monday

Using part papers from lessons to go over questions again

- Learning how to use the formula sheet and learning any other key formulae

e.g.  $A = \pi r^2$

- [Higher formula sheet](#)
- [Foundation formula sheet](#)
- key terminology using flashcards e.g. product, reciprocal, factorise
- Learn command words e.g. "Show that" "explain" "simplify"



# How to prepare

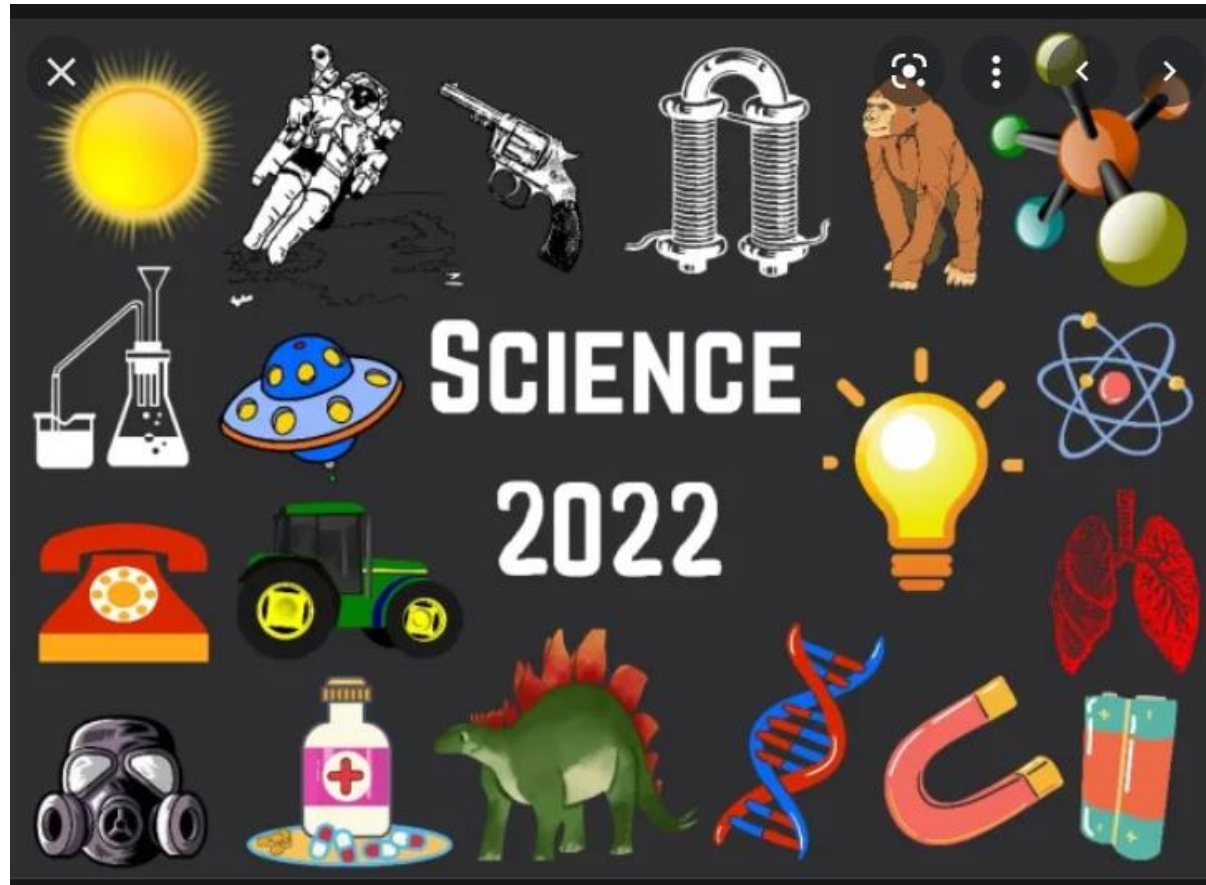
- There are 3 papers, 2 are calculator. So, get to know your calculator, how it works, where the buttons are and any tricks.
- Ensure that they have practice using equipment such as protractors, compasses and rulers.
- Do maths little and often to make sure that you remember it.
- Quizzes
- Questions on different topics
- Questions on the same topic
- Equipment practice
- Times tables



# GCSE Science

Sam Manning

# Helping your Young Person in Science





# Science Exams

Exam Board – AQA

All will take 6 exams

2 x Biology      **16<sup>th</sup> May** and **9<sup>th</sup> June**

2 x Chemistry      **22<sup>th</sup> May** and **13<sup>th</sup> June**

2 x Physics      **25<sup>th</sup> May** and **16<sup>th</sup> June**

Everybody is taking separate sciences

Each paper is 1hour 45 minutes





# Students are in a good place

We have finished the course and are focussing on revision.

There are specific topics for each paper and students should be aware of these.

Biology Paper 1 Topics 1-4

Paper 2 Topics 5-7

Chemistry Paper 1 Topics 1-5

Paper 2 Topics 6-10

Physics Paper 1 Topics 1-4

Paper 2 Topics 5-8

# What should revision look like?

1. **Little and often** Students should revise regularly in small chunks to reduce overload and maximise memory.
2. **Mix it up** Alternating topics for study will boost long-term memory.
3. **Minimise distractions** Students who study without listening to music perform better in exams than those who do. Keep the learning environment focused.
4. **Encourage self-care** Encourage students to get a good amount of sleep, eat breakfast and exercise.
5. **Quizzing** Retrieval practice leads to greater knowledge retention over time.

# Tools to help



Bishop Laney  
Sixth Form



ELY COLLEGE

## **Teams**

Teachers are posting revision materials on Teams with links to online resources.

## **Online resources and Apps**

Tassomai

Seneca

Quizlet – flashcards

Physics and maths tutor website <https://www.physicsandmathstutor.com/>

**Exam questions** – AQA website has all of the past papers and markschemes.

Physics and maths tutor website has exam questions sorted by topic.

We run after school sessions where students exam questions with a science teacher present.

**Wednesday 3-4pm – SC11**



***An exceptional college for an exceptional community***

# Areas to focus on

## Strengths and weaknesses - Hollie Barker

This chart will give you a breakdown of your scores according to content and skills (assessment objectives). There are 1 papers in this set and you took 1. You can use this information to see where you need to study further or get help, and aspects of the specification you have mastered.

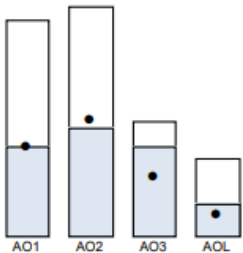
### Key to the colours

Areas that were done well	Marks missed
Areas that need practice	Marks scored
Areas that need additional support	Average mark for the population

\* Note: Treat with caution content areas with fewer than 6 marks.

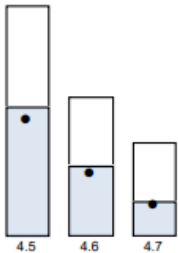
### Assessment Objectives

Strand	Marks available	Score	Class mean
AO1 Demonstrate knowledge and understanding	34	14	14.0
AO2 Apply knowledge and understanding	36	17	17.1
AO3 Analyse information and ideas	18	14	9.6
AOL Level of response	12	5	3.7



### Biology Foundation Content

Strand	Marks available	Score	Class mean
4.5 Homeostasis and response	50	28	24.7
4.6 Inheritance, variation and evolution	30	15	14.4
4.7 Ecology	20	7	5.3



# We are here to help

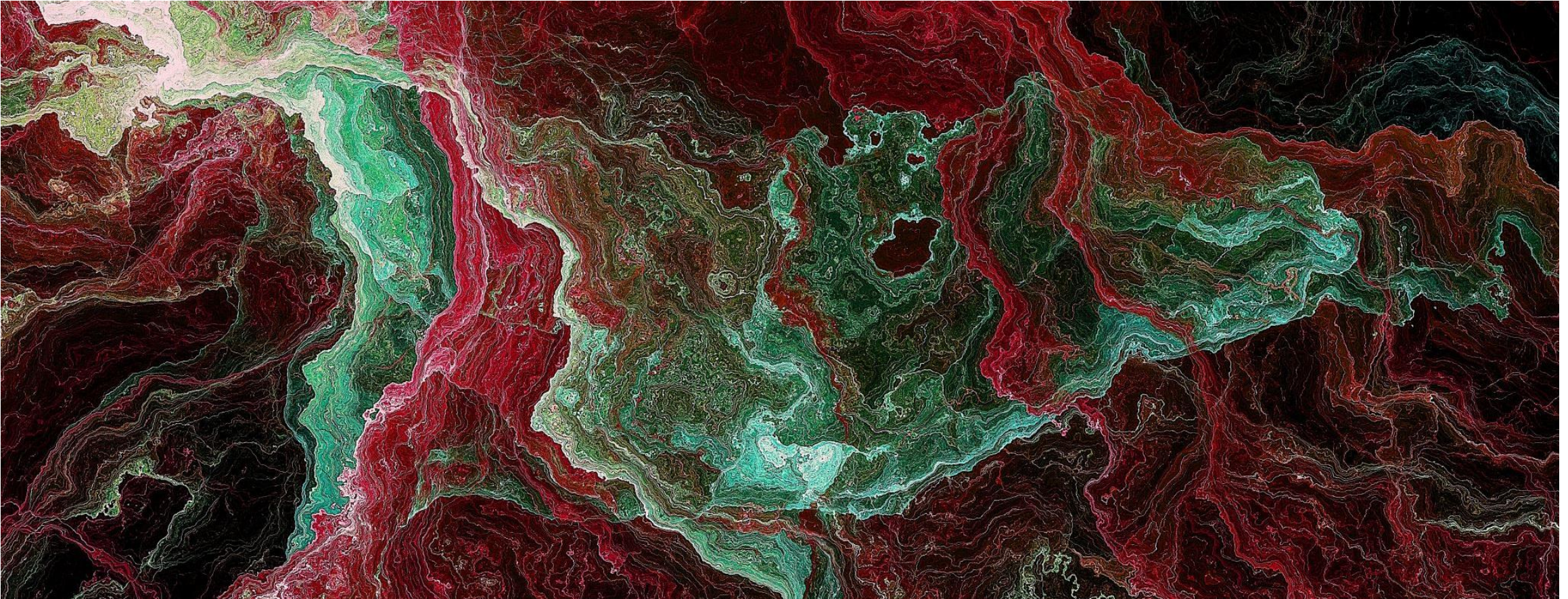
Talk to/email your science teacher for help/questions/advice.

[smanning@elycollege.co.uk](mailto:smanning@elycollege.co.uk)





# Wellbeing is important too!

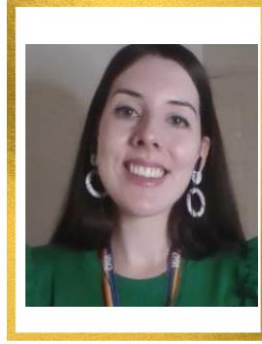




# Ely Mental Health Support Team (MHST)



Nina Bradley  
Senior Clinician



Anna Lynch  
Senior Wellbeing  
Practitioner



Lucy Burston  
Trainee Education  
Mental Health  
Practitioner



Ben Hart  
Trainee Education  
Mental Health  
Practitioner

Hello! We are part of the Ely Mental Health Support Team. The team is made up of different clinical staff who are trained in mental health.

We provide guided self-help and Cognitive Behaviour Therapy (CBT)-based mental health support for children and young people at Ely College and Bishop Laney Sixth Form with anxiety/worries or low mood.

Self-care is about the things we can do to look after our own mental health



Self-talk



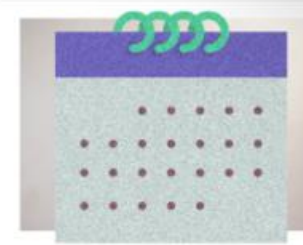
Text message support



Youth Groups



Tai Chi & Qigong



Organise your day



Books & Reading



Baking & cooking



Listening to podcasts



Faith and religion



Drawing or painting



Sport



Problem solving



Meditation



Online chat or peer group support



Listening to music



# Organise your day

## Organise your day

Organising your day can give you a sense of satisfaction, as well as keeping you feeling grounded and structured. Sometimes even getting out of bed seems impossible, let alone making it through a busy day. Breaking things down into smaller steps can help things seem less intimidating, and possibly build a routine that can help you manage symptoms, such as from depression or anxiety. Some people like to use [lists](#) or [bullet journals](#) as a way of focussing on or visualising the things you need to do, either every day or as a one off. It can feel really rewarding to keep track of what you have achieved in this way.

### Things to do:

- ☒ Have breakfast
- ☐ Brush teeth
- ☐ Take a shower
- ☐ Wash clothes
- ☐ Eat some fruit
- ☒ Read 10 pages of homework

# Books & Reading

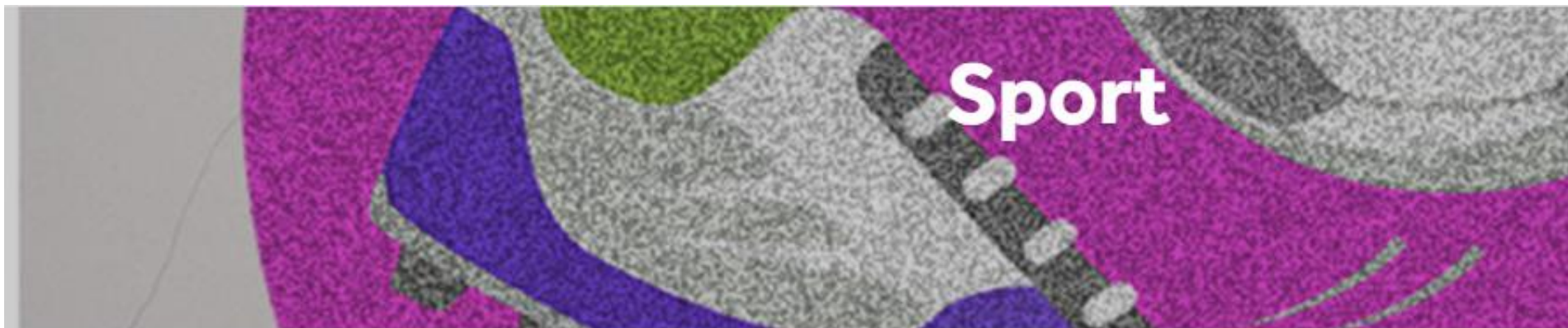
## Books & Reading

Reading (or bibliotherapy) has been a source of comfort for lots of people for a long time. Here's how some people use it to help when they are struggling with their emotions:

- Go back to a book you've read before that was particularly good or felt really comforting
- Read a Fantasy or Science Fiction book to completely escape from your mind for a bit
- Find a self-help or psychology book on a topic you're particularly struggling with at the moment

*There's times in my life when the library has felt like a really safe place for me. Somewhere I can go to just to explore and look at what books I find without having to pay or anyone judging me. It's just somewhere quiet I can go to where no one cares about what I look like or what's going on at home. Everyone is there for their own reasons...*





## Sport

If you are able to, finding a sport that's right for you can be a great way to get fresh air, keep fit or meet new people.

Playing sport can also help you sleep better, take your mind off any stress or anxiety, and release endorphins to improve your mood. You might find the idea a bit scary, and that's perfectly okay – it's normal not to be very 'good' at first! The important thing is not to put too much pressure on yourself.

Some people prefer playing with others, like on a football or basketball team, whilst others might find that playing an individual sport helps them the most, like tennis or swimming. Remember that, no matter what level of ability you're at, you always deserve to participate in something you enjoy; good sports teams or facilities make things fully accessible for everyone.

*'I was really nervous to start playing softball, but everyone made me feel comfortable to join in. Sometimes you play well, sometimes you play badly – that's just life! It's the sense of achievement I get from it and the improved confidence that really matters.'*