

# General In-School Support

**House Office:** First point of call for concerns

**Behaviour Team:** Mrs Knott, Miss Norman and Ms Nicoll, can offer advice, support and signposting to other agencies.

**Child protection and safeguarding:** Mrs Riches (lead), Mrs Lucas, Mrs Knott, Mr Patman, Miss Rayner, Mrs Mustill

**Mental Health First Aiders:** Mrs Lightfoot, Mrs Sheridan, Mrs Rendell-Read and Mrs Lennon

**Mental Health Champions:** Mrs Mustill and Mrs Lucas

**ELSA (Emotional literacy Support Advisor):** Ms Martin

**CIAG, Careers information advice and guidance:** Mrs Mustill, Mrs Garrett, Miss Norman and Mrs Sheridan can provide CIAG advice. Staff can be accessed via Scott House office.

**Hub support:** The Hub is coordinated by Mrs Lightfoot and provides a safe space for students that may be experiencing difficulties. Available via all support services at Ely College.

**Foodbank Vouchers:** Available from Mrs Lucas in the Attendance Office for those in need of crisis support.

**Personal Hygiene kits:** Available via Mrs Lightfoot in the Hub.



STUDENT  
MENTAL  
HEALTH

# Bespoke Provision

**Ely College 'In house' counselling:** Mrs Rendell-Read. Students can access the counselling service via their House or any of the other support services operating in College

**Trained by Terence Higgins Trust:** Mrs Riches and Mrs Lightfoot can give sexual health advice and direct young people to support via other agencies.

**Young Carers Group:** Referrals can be made by Mrs Riches. Currently Frances Thompson runs the Young Carers group on alternate Mondays.

**Bereavement counsellor:** Mrs Dawe, once a week on a Monday and Thursday if and when required.

**Chaplaincy:** The 'in house' provision is available 3 lunch-times a week; students can attend on a drop in basis for a place to talk and socialise.

**School Nurse Service:** Individual health advice and support. Referrals for specific cases via referral from Mrs Riches

**Stars Café:** Sixth formers trained to support main school students who are experiencing a range of difficulties.

**The District team:** Access to individual support via a young person's worker, family worker or group work. Referral to the District team is via an Early Help Assessment (EHA), completed by Senior Tutors, Mrs Riches, Mrs Kay and Mrs Lucas. Opportunity programme offers group work with specific vulnerable young people. Referrals are made via Mrs Riches in liaison with Senior Tutors and other pastoral staff.

# External Services

**Child & Adolescent Mental Health Service (CAMH):** NHS services for children who are struggling with their mental or emotional health. Referrals made via the GP or District Team.

**Children's Social Care:** Support for children and families. Referred by Designated Safeguarding Leads as required.

**CRUSE:** Offer guidance and support to children and adults who are struggling to cope with grief, 0808 808 1677

**Kite Trust:** Offers help and support for LGBT young people, [www.thekitetrust.org.uk](http://www.thekitetrust.org.uk)

**Centre 33:** Counselling support via a referral from the Mrs Riches. In school on Mondays and can be accessed outside of College (13 years+) located at Barton Road Ely (Thurs 2-5pm)

**KOOTH:** Support and guidance for a young person focusing upon emotional and mental health, [www.kooth.com](http://www.kooth.com)

**CASUS:** Drug and alcohol support available 5 days a week. Referrals via Mrs Riches or directly via [www.cptf.nhs.uk/casus](http://www.cptf.nhs.uk/casus)

**CHUMS:** Online support and guidance, group support is also available, 0330 058 1659, [www.chums.uk.com](http://www.chums.uk.com)

**Rape Crisis support:** Supports individuals that need advice regarding rape and sexual abuse, [cambridgerapecrisis.org.uk](http://cambridgerapecrisis.org.uk)

**Embrace:** For students struggling with violence or domestic abuse, 0345 609 9960