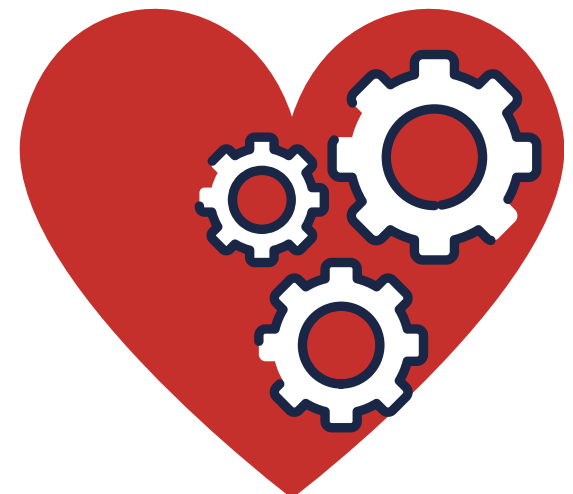




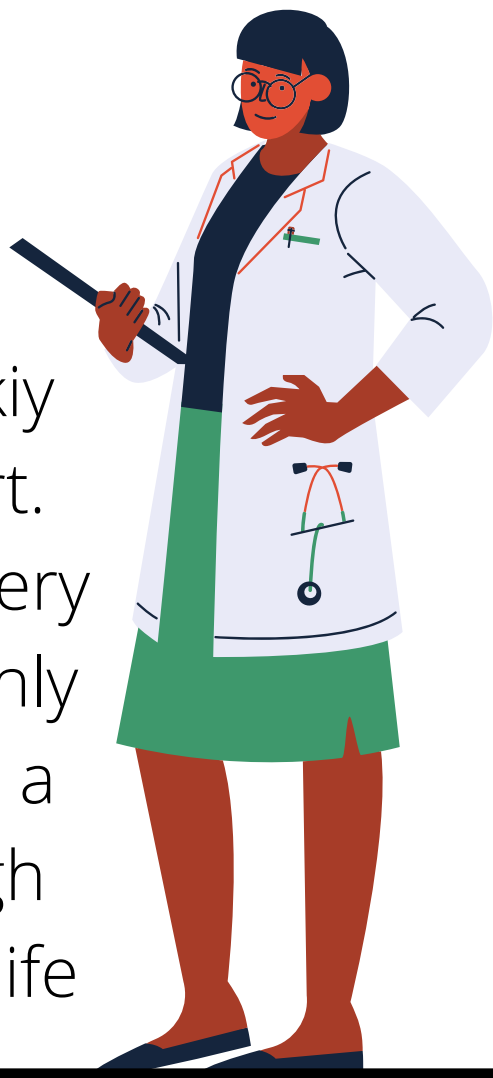
Lets meet Dr Ali
a specialist in
hearts he known
loads



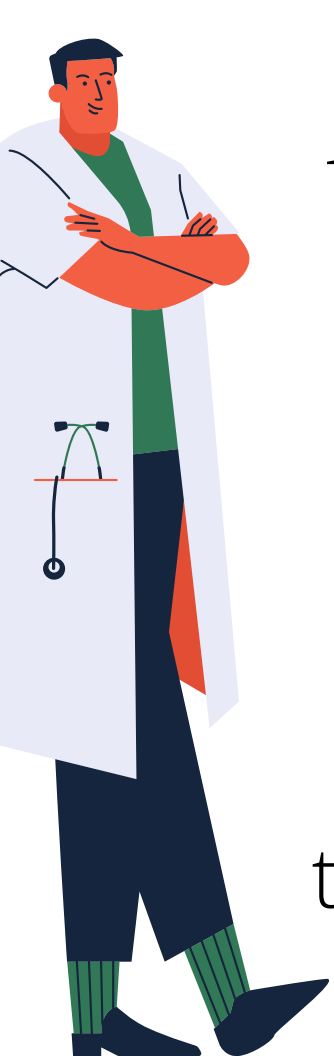
Dr Sally Is one of Ali's friends and she says she knows 2 ways of making the heart better . One of them is having a stent it is when they put a mesh inside one of your arteries. Inside the mesh is a baloon and when they it is in the right place the baloon is expanded this is to make sure the arterie stays open. This is not a really dangerous because you are under local ansthetic.She also mentioned a heart valve they use it when valves don't close properly and the blood flows the wrong way. She says it stops the problem but the surgery is dangerous because it is open heart surgery.



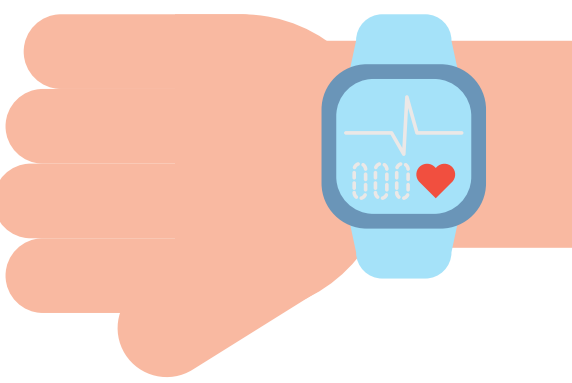
Dr Zoe sayssoem people are luckiy enough to get a mechanical heart. Mainly babies get these they are very expensive and are normally it is only temporary until you have to have a heart transplant. It is good though because it helps you live a better life



Dr Ali says taking tablets called statins is the most common way of sorting the problem out. They stop the production of bad cholesterol in the liver. He says that they are cheap which is good, bu sometimes they react and can cause other problems like muscle damage.



One final note from doctor Ali is make sure you stay healthy. don't smoke and eat vegetables. This will all help to prevent getting heart disease.



Dr Ali says you can have a heart transplant which is where they replace your heart with a heart donors heart. Unfortunately not very many people et one which is a little bit of a disadvantage. Although it is a good thing because it can extened your life by many years.

