



CYCLING FOR YOUNG PEOPLE

Expert tuition from British Cycling's Regional Coach

Supported by Ely & District Cycling Club Coaches

FUN challenges & skills, individual & team competitions

Thursday 28 July & 11 August

Two sessions per day & each one different so you can attend one or all four.

10am-12noon & 1pm-3pm

Ely College

Downham Rd, Ely, CB6 2SH

9-14yrs – Girls & Boys

£6 per session or £10.00 per day

BIKES & HELMETS provided FREE of charge (subject to availability)

OR bring your own bike suitable for riding off road with two working brakes

What to wear & bring? Shorts or close fitting tracksuit bottoms/trousers, trainers (no flip flops or sandals), water based drinks in plastic bottles, break-time snack (& lunch if staying all day), waterproofs if wet.

Contact Alison: 07983 809120 or e-mail: alisonlilley@britishcycling.org.uk



To find local Go-Ride Racing events and for more information visit: britishcycling.org.uk/gorideracing