

07-12
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#NCW2022

National Careers Week - Day Five

Interview Skills

Re-Read



Take a look back at the job/course description and use this to your advantage! Talk about the skills they are looking for in your interview

Research



Research the company or university you're applying for, what do they do and why do you want to work/study there? Also, plan your journey to the interview, you don't want to be late.

Question Time



It can be a good idea to prepare questions. Remember, it's your chance to find out about them as much as theirs to find out about you!

First Impressions



You'll never get a second chance to make a first impression! It's important to dress appropriately for an interview. You want to look smart and be comfortable.

Also, turn off your phone!

Body Language



Only 7% of communication is verbal. Take notice of your tone of voice, facial expressions, gesture and posture which can all make a difference. Remember to smile!

Thank-You



Seems obvious, but some people forget! Thank the interviewer for their time

LifeSkills

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National Careers Service

Virtual interview practice tool (click the picture—signup required)

Interview advice (click the picture)