



## Introduction to Back, Neck & Shoulder Massage

Start Date	17 <sup>th</sup> April 2012	
Time	7pm - 9pm	
Day of week	Tuesday	
Number of Weeks	4	
Venue	Ely College	
Full Course Fee	£35.00	
Concessionary Fee	£30.00	
Additional Course Cost (e.g. visits, materials, books, assessment fee, equipment)	None	
Course Level:	Mixed ability	X
	Pre Entry	
	Level 1	
	Level 2 - equivalent to GCSE or NVQ2	
	Level 3 Equivalent GCE A Level	
Any skills or qualifications needed for entry into the class	None	
Materials required for first class	A towel	
<b>Course description - Including aims &amp; objectives</b>		
<p>This short course will offer an introduction to back, neck and shoulder massage which will enable the participants to give a relaxing massage, soothing aching muscles and relieving tension. This treatment may be used on friends and family. It will not give a professional qualification. On this course you will be working in pairs. Outer clothing will need to be removed to access the back for massage. A contra-indication form will need to be completed prior to starting this course.</p>		
<b>Learning outcomes: Teaching learning methods used</b>		
<p>Learning how to apply massage techniques through demonstrations, discussion and practice.</p>		
<b>How progress and success will be recorded</b>		
<p>Observation and video camera</p>		
<b>Any further next steps</b>		

Learners will be required to fill out a form prior to attending the course declaring if they have any health conditions which may be contra-indicated to them receiving a massage.	
What else will you need to do	We ask all students to complete an enrolment form which asks for details required by the learning & skills council & the county council and is a requirement of entry to the course. We ask for full payment prior to the course beginning.
What else do we ask of you	Please can you let us know if you have any attendance problems and if you are not able to attend the class.
How do we know if you are happy with your course	We will ask you to complete a course evaluation, giving us your feedback on the course, tutor & college. You are always welcome to feedback directly to us at any time during your course. We welcome feedback & comments to help us improve our services & courses.
<p>Equalities Statement</p> <p><i>"The County Council operates an Equality of Opportunity Policy. We will ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all can access activities. If you have any specific needs which might affect your learning you are entitled to a confidential interview where we can look at the support you require. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a learning community based on mutual respect and trust."</i></p>	
<p><b>Contact for further information</b></p> <p>Tel: 01353 664853  Fax: 01353 669548  Email: <a href="mailto:community@elycollege.co.uk">community@elycollege.co.uk</a>  Web: <a href="http://www.elycollege.com/community">www.elycollege.com/community</a>  Downham Road, ELY, Cambs CB6 2SH</p>	