

# Ely College Bishop Laney 6th Form Hair & Beauty



Name: Date:

# **SUMMER TASK**

Thank you for choosing Ely College Bishop Laney Sixth Form for the next step of your educational journey.

To show commitment to your Hair & Beauty qualification, it is essential that you complete the following tasks, to prepare for your new course. Hair and Beauty is a service industry, so professional presentation, communication skills and knowledge of Health and Safety legislation are very important when working with clients. The following tasks will help improve your knowledge and develop your understanding of working within the Hair and Beauty sector.

## Task 1 Professional Presentation (this will be expected of you when working in the salons)

Using images create a mood board or poster of a professional therapist or hair stylist.

Annotate your work identifying key features of professional presentation.

- Tunic clean and freshly laundered
- No jewellery (a wedding band if appropriate, a fob watch can be worn on tunic, any medical jewellery)
- No facial piercings (with the exception of 1 small pair of earrings)
- Hair should be up and off the face
- Nails must be clean, short, polish and extension free
- Shoes must be filled in (no toes visible)
- Day make-up
- Good personal hygiene

#### **Task 2 Communication Skills**

Knowledge of different methods of communication are important when working with clients. Give examples for each of the methods listed below: -

**Verbal Communication** 

Non Verbal Communication

Written

\*How would you adapt your communication skills to suit different people.

#### Task 3 Health & Safety

- A) Every Therapist/Stylist has obligations to Health and safety legislation. For example, if a piece of electrical equipment becomes faulty, it must be reported, labelled as faulty and removed from work area. Failure to comply with legislation can have serious consequences for both organisations and individuals. List some of the consequences that could occur?
- B) The legislation listed below is required for salon services, state how this effects a therapist and an employer? Example: Health and Safety at work requires Employers to: Provide and maintain a safe working environment Provide adequate welfare facilities. Examples for employers may include: A training session specifically dealing with the salon's policies for handling and storage of equipment.
  - Reporting of Injuries Diseases and Dangerous Occurrence Regulations (RIDDOR)
  - Health & Safety (First Aid)
  - Manual Handling Operations
  - General Data Protection Regulations (GDPR)
  - Control of Substances Hazardous to Health (COSHH)
  - Personal Protective Equipment at Work Regulations PPE
  - Electricity at Work Act

### Task 4 Patch Testing

A patch test is designed to alert the therapist to any pre-disposed skin sensitivity on the client's behalf. Any active, new or known ingredient that can potentially produce a reaction is usually patch tested 24-48 hours before treatment.

- Name products you would patch test a client for.
- Describe how and where you would carry out a patch test what important information would you need to record?
- How would you interpret the results of a negative and a positive patch test?