

Half Term 1							
	Boys		Staff	Time	Girls		Staff
Monday	Year 7 Rugby	ILO		PM	Year 9 Netball	MHA	
	Year 8 Rugby	KST			Year 10 Netball	GBA	
	Year 9 Rugby	BCR					
	Year 10 Rugby	BCR					
	Basketball	SPA	Lunch	Basketball	SPA		
	*GCSE compulsory			*GCSE compulsory			
	Fitness Suite	JCO	PM	Fitness Suite	JCO		
Tuesday							
Wednesday	Fixtures			PM	Fixtures		
	Indoor Rowing Session	JCO	Lunch	Indoor Rowing Session	JCO		
Thursday	Rowing	JCO	AM	Rowing	JCO		
	Badminton	MHA	Lunch	Badminton	MHA		
	*GCSE compulsory			*GCSE compulsory			
			PM	Year 7 Netball	MHA		
			PM	Year 8 Netball	PSR		
Friday	Table Tennis	KST	Lunch	Table Tennis	KST		
	*GCSE compulsory			*GCSE compulsory			
	Handball	PSR	PM	Handball	PSR		
	*GCSE compulsory			*GCSE compulsory			

Half Term 3							
	Boys		Staff	Time	Girls		Staff
Monday	Year 7 Football	ILO		PM	Year 7 Football	MHA + Norwich	
	Year 8 Football	KST			Year 8 Football		
	Year 9 Football	BCR			Year 9 Football		
	Year 10 Football	ILO			Year 10 Football		
	Fitness Suite	JCO	PM	Fitness Suite	JCO		
Tuesday	Basketball	SPA	Lunch	Basketball	SPA		
	*GCSE compulsory			*GCSE compulsory			
Wednesday	Fixtures			PM	Fixtures		
	Indoor Rowing Session	JCO	Lunch	Indoor Rowing Session	JCO		
Thursday	Trampoline (KS4)	MHA / SPA		Trampoline (KS4)	MHA / SPA		
	*Compulsory for GCSE			*Compulsory for GCSE			
	Rowing	JCO	AM	Rowing	JCO		
	Badminton	ILO	Lunch	Badminton	ILO		
	*GCSE compulsory			*GCSE compulsory			
Friday	Handball	PSR	Lunch	Handball	PSR		
	*GCSE compulsory			*GCSE compulsory			

Half Term 5							
	Boys		Staff	Time	Girls		Staff
Monday	Year 7 Athletics	JCO / GBA / ILO		PM	Year 7 Athletics	JCO / GBA / ILO	
	Year 8 Athletics				Year 8 Athletics		
	Year 9 Athletics				Year 9 Athletics		
	Year 10 Athletics				Year 10 Athletics		
	Fitness Suite	BCR	PM	Fitness Suite	BCR		
Tuesday	Dodgeball	????	Lunch	Dodgeball	????		
Wednesday	Fixtures			PM	Fixtures		
	Indoor Rowing Session	JCO	Lunch	Indoor Rowing Session	JCO		
Thursday	Rowing	JCO	AM	Rowing	JCO		
	Quick Cricket	ILO / ???	PM	Quick Cricket	ILO / ???		
	IT			IT			
	???			???			
Friday	Handball	PSR	Lunch	Handball	PSR		
	*GCSE compulsory			*GCSE compulsory			

Half Term 2							
	Boys		Staff	Time	Girls		Staff
Monday	Year 7 Rugby	ILO		PM	Year 9 Netball	MHA	
	Year 8 Rugby	KST			Year 10 Netball	GBA	
	Year 9 Rugby	BCR					
	Year 10 Rugby	BCR					
Tuesday	Basketball	SPA	Lunch	Basketball	SPA		
	*GCSE compulsory			*GCSE compulsory			
	Fitness Suite	JCO	PM	Fitness Suite	JCO		
Wednesday	Fixtures			PM	Fixtures		
	Indoor Rowing Session	JCO	Lunch	Indoor Rowing Session	JCO		
Thursday	Rowing	JCO	AM	Rowing	JCO		
	Badminton	MHA	Lunch	Badminton	MHA		
	*GCSE compulsory			*GCSE compulsory			
			PM	Year 7 Netball	MHA		
			PM	Year 8 Netball	PSR		
Friday	Table Tennis	KST	Lunch	Table Tennis	KST		
	*GCSE compulsory			*GCSE compulsory			
	Handball	PSR	PM	Handball	PSR		
	*GCSE compulsory			*GCSE compulsory			

Half Term 4							
	Boys		Staff	Time	Girls		Staff
Monday	Year 7 Football	ILO		PM	Year 7 Football	MHA + Norwich	
	Year 8 Football	KST			Year 8 Football		
	Year 9 Football	BCR			Year 9 Football		
	Year 10 Football	ILO			Year 10 Football		
	Fitness Suite	JCO	PM	Fitness Suite	JCO		
Tuesday	Basketball	SPA	Lunch	Basketball	SPA		
	*GCSE compulsory			*GCSE compulsory			
Wednesday	Fixtures			PM	Fixtures		
	Indoor Rowing Challenge	JCO	Lunch	Indoor Rowing Challenge	JCO		
Thursday	Trampoline (KS3)	MHA/SPA	PM	Trampoline (KS3)	MHA/SPA		
	Rowing	JCO	AM	Rowing	JCO		
	Badminton	ILO	Lunch	Badminton	ILO		
	*GCSE compulsory			*GCSE compulsory			
	Athletics (Trials)	JCO/GBA	PM	Athletics (Trials)	JCO/GBA		
Friday	Handball	PSR	Lunch	Handball	PSR		
	*GCSE compulsory			*GCSE compulsory			

Half Term 6							
	Boys		Staff	Time	Girls		Staff
Monday	Year 7 Athletics	JCO / GBA / ILO		PM	Year 7 Athletics	JCO / GBA / ILO	
	Year 8 Athletics				Year 8 Athletics		
	Year 9 Athletics				Year 9 Athletics		
	Year 10 Athletics				Year 10 Athletics		
	Fitness Suite	BCR	PM	Fitness Suite	BCR		
Tuesday	Dodgeball	????	Lunch	Dodgeball	????		
Wednesday	Fixtures			PM	Fixtures		
	Indoor Rowing Session	JCO	Lunch	Indoor Rowing Session	JCO		
Thursday	Rowing	JCO	AM	Rowing	JCO		
	Quick Cricket	ILO / ???	PM	Quick Cricket	ILO / ???		
	IT			IT			
	???			???			
Friday	Handball	PSR	Lunch	Handball	PSR		
	*GCSE compulsory			*GCSE compulsory			