

## SPORT

**Type of Qualification:** Level 2 BTEC Tech Award in Sport, Activity & Fitness

**How it is assessed:** 66% Coursework  
34% Exam

### Course Overview:

The Pearson Level 1/2 BTEC Tech Award in Sport, Activity & Fitness has been designed to provide an engaging and stimulating introduction to the world of sport. The qualification builds on learning from Key Stage 3 for those who may wish to explore a vocational route throughout Key Stage 4. There is a mix between practical engagement and theoretical understanding.

A strong work ethic is required to complete this course with students able to commit to completing assignments to deadlines which will require them to undertake work away from college.

- The qualification represents a single pathway selection. The Level 2 BTEC Tech Award in Sport, Activity & Fitness is a 120 guided-learning-hour qualification that consists of 3 core units.
- 66% of individual units are assessed and graded internally, with 34% externally assessed exam. These individual grades form an overall grade for the qualification.
- Units include: Understanding the Body & the Supporting Technology (Interval), The Principals of Training, Nutrition & Psychology (External) along with Applying the Principals of Sport & Activity (Interval).
- A key element of the course is the ability to meet deadlines. A failure to meet deadlines could result in failure of the course.
- Students are able to achieve a Level 1 (Pass, Merit) or a Level 2 (Pass, Merit or Distinction); this is determined by the students' points scored over the 3 units.

### Post 16 and Career opportunities:

These Level 1 and 2 BTEC courses prepare students for employment and provide a good grounding to go on to more advanced sport related courses such as further BTEC qualifications at Level 2 or progressing to Level 3 Sport qualifications. There are many options available to BTEC Sports students including further education, higher education, vocational degrees, apprenticeships and jobs that offer workplace learning.

Career opportunities include community sports coach, sports broadcaster, fitness instructor, events manager, sports development officer, physiotherapist, teacher, nutritionist, referee, psychologist, marketing and many more.

