

20th March 2018



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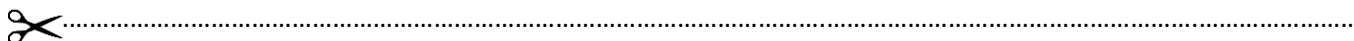
Dear Parent/Carer

Year 13 Sport and Exercise Science Testing

As part of the BTEC Level 3 National Extended Diploma in Sport and Exercise Science our Year 13 students are required to investigate and gather data around a chosen topic. With the research question 'How do sports drink affect endurance sporting performance?' the Year 13 students have selected Year 8 students to gather data to gain an answer to their research question. As part of this investigation the students will be required to take part in two separate 12-minute cooper runs, with one run being without the use of sports drinks whilst the other run will be with the use of sports drinks. The testing will be carried out during their normal PE lessons in which questionnaires will also be used to gather personal feelings towards the two various situations. On the second day of testing, each student will be given 330mls of a sports drink at the beginning of the lesson. The type of sports drink has yet to be determined, but it will be either Lucozade Sport, Lucozade Sport Lite, Lucozade Energy, Powerade, and Pure Orange. The information gathered will be available on request in which personal information will be held to the strictest confidence. Please indicate below if you give your informed consent for your child to participate in this study.

Yours faithfully

Mr G Whiteman
PE Teacher



Year 13 Sport and Exercise Science Testing – Mr G Whiteman

Child Name:

Form:

I give permission for my child to take part in Sport and Exercise Science testing

Medical information: _____

Emergency contact details: _____

Parent/Carer Name: _____

Signed: _____

Date: _____

