

Talking FreELY at Ely College

Presenting a discussion
on mental health with
writer and campaigner
Natasha Devon MBE



Join in the
conversation

Talking
FreELY

Come & Talk FreELY

Monday 22nd January 2018

3:30pm – 6:00pm

Ely College

We're here to talk



CMAT | Cambridge Meridian
Academies Trust

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talkingfreely.org

Talking FreELY is an independent local initiative aiming to bring the benefits of good mental health to the people of Ely by facilitating the everyday conversations that will drive change.

Enjoy refreshments at our next pop-up cafe on the 3rd of March, where you can find useful information on local services, listen to our special guest speakers sharing their experiences and explore our mindfulness zone!