

# NCS: ALL YOU NEED TO KNOW

## WHAT IS NCS?

The National Citizen Service ('NCS') offers **16-17 year olds** a once-in-a-lifetime experience during 2 weeks of their summer holiday.

The 3-stage NCS programme is designed to help our participants develop skills that employers and universities value including **confidence, leadership and independence**.

On top of this, NCS is a great addition to any CV or personal statement and UCAS recommends that participants include NCS on their personal statement.

## THE NCS PROGRAMME

The NCS Programme is broken down into three phases: Adventure, Skills and Social Action.

**ADVENTURE:** The participants and their new team stay at an outdoor centre and take part in a variety of activities such as raft building, rock climbing, canoeing, archery and much more. All of the activities are focused on encouraging our participants to **make new friends, challenge themselves, and gain confidence**.

**SKILLS:** In second phase the students stay in university halls and get a taste of **student life**. Our participants discover more about themselves and develop skills such as **public speaking, leadership and working as a part of a team**.

**SOCIAL ACTION:** Using their new skills the participants work together to plan and deliver a volunteering project focused on **making a mark in the local community** for any cause they choose.

EARLY-BIRD OFFER

BOOK BEFORE  
CHRISTMAS AND  
PAY ONLY £25!

## WHEN AND HOW MUCH?

Five NCS trips take place over the summer, with the first starting on **08/07/17** and the last beginning on **07/08/17**.

These trips are **worth over £1,500** per participant, however due to government funding the course it will **never cost you more than £50** and students who receive free school meals can take part for free.

For more information you can email [matthew.bowles@cwa.ac.uk](mailto:matthew.bowles@cwa.ac.uk) or call **01553 815209**.



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